

Butte County Behavioral Health

Anne Robin, MFT
Director



Behavioral Health 101

- Provides and monitors services Countywide
 - Mental health and substance abuse disorder prevention, treatment, and rehabilitation
- Serves over 7,000 individuals annually
- Over 430 staff
- Annual budget of \$57,312,351



Behavioral Health Services

Adults

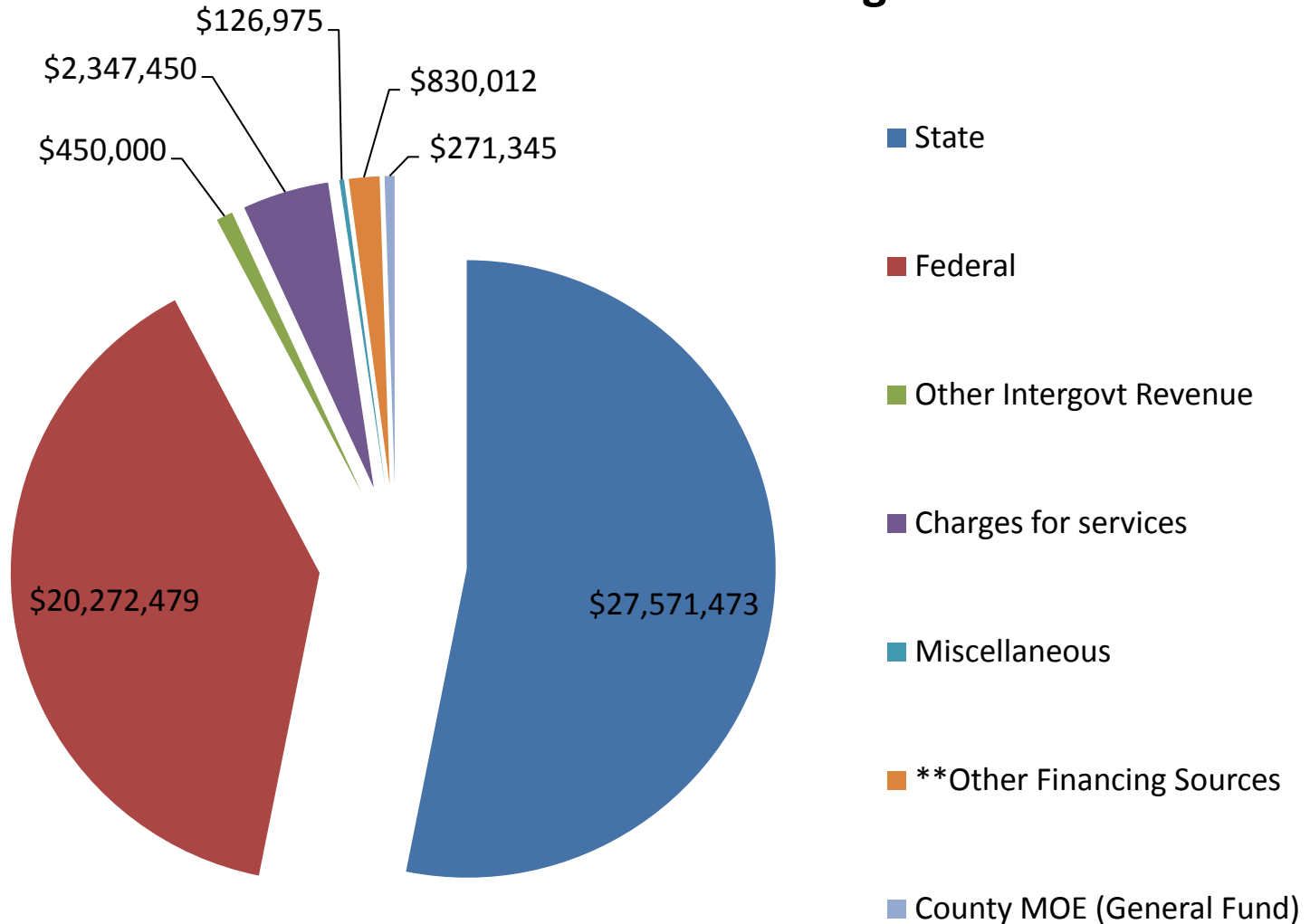
- Outpatient clinical services
- Inpatient psychiatric services
- Crisis services & 23-hour crisis stabilization unit
- Wellness centers
- Contracted and specialized programs

Children, Youth & Families

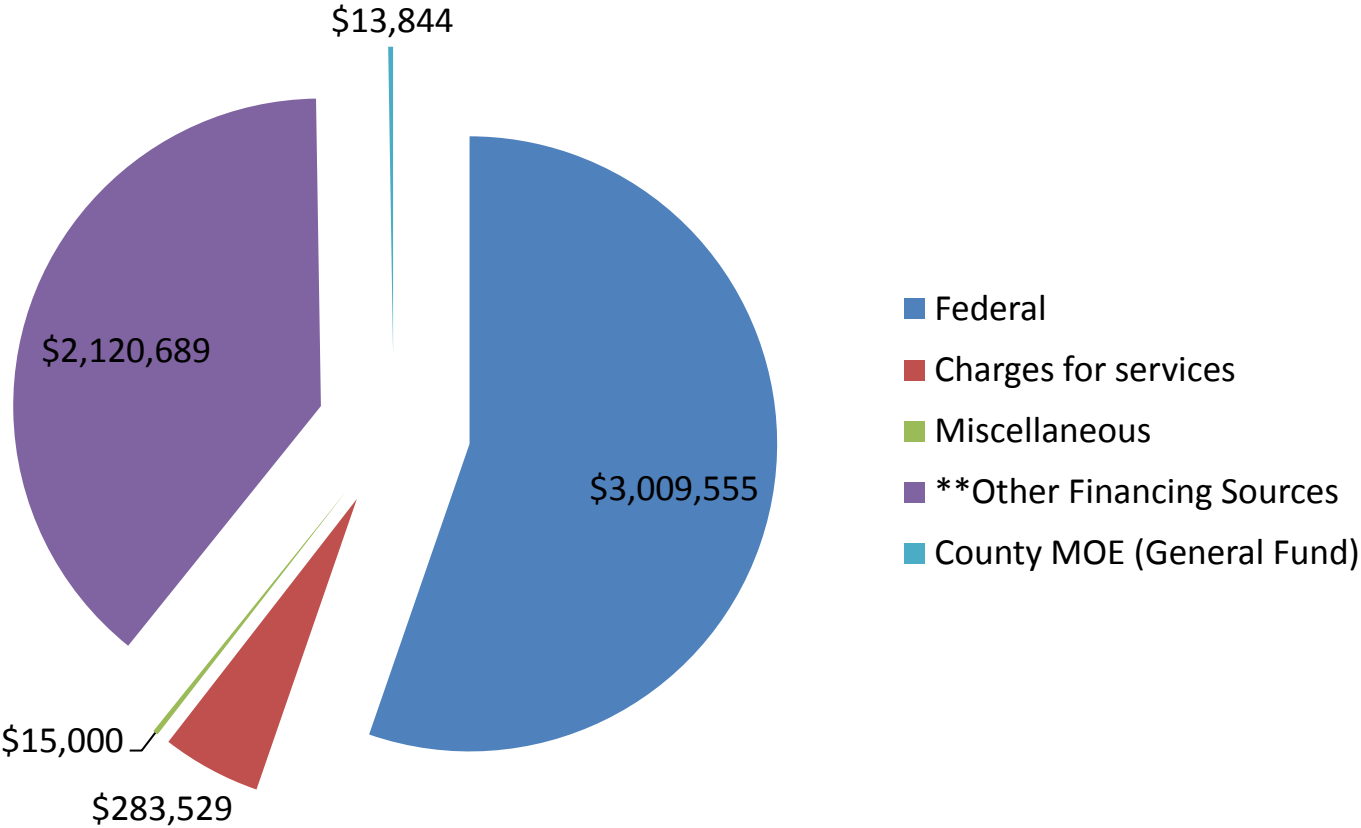
- Outpatient clinical services
- Crisis services & 23-hour crisis stabilization unit
- Prevention services
- Contracted and specialized programs



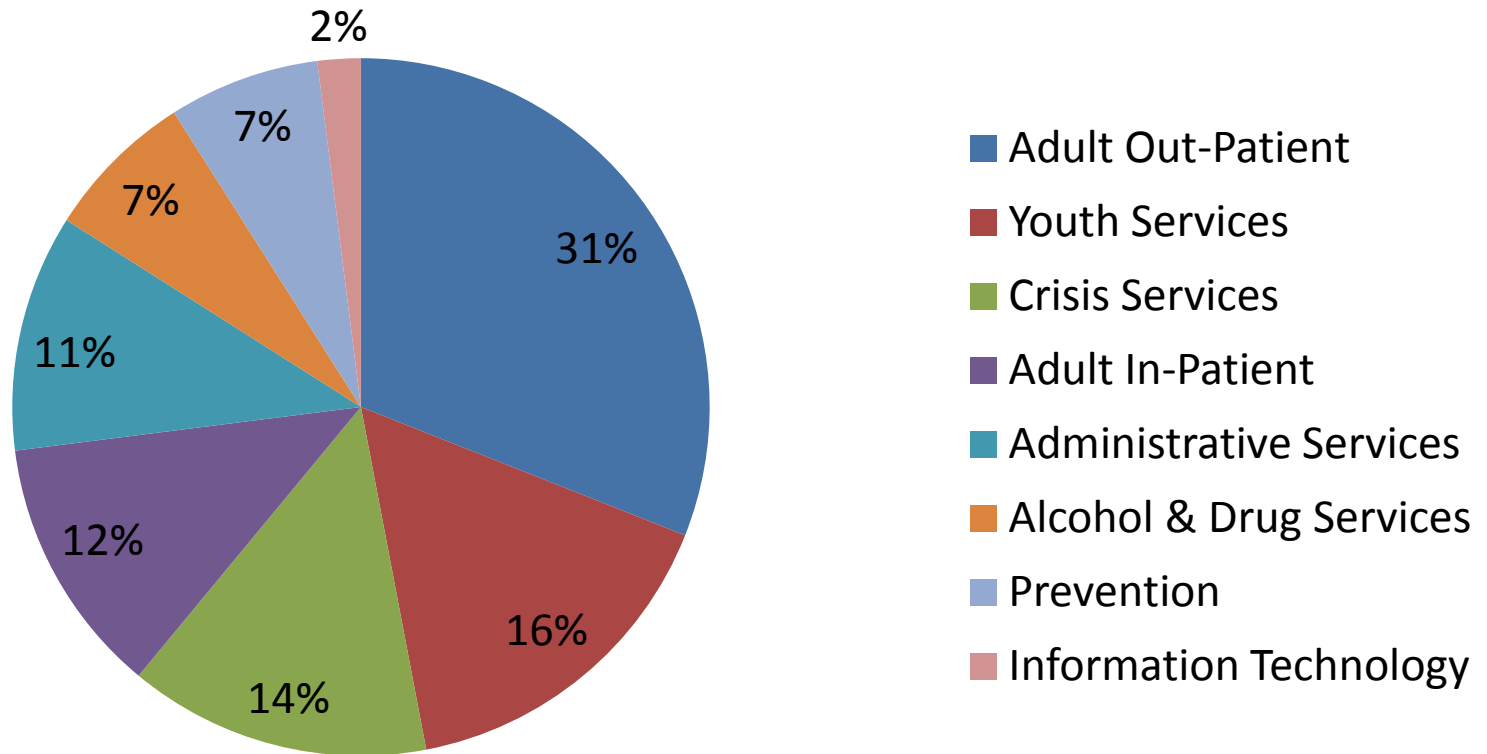
Mental Health Funding



Alcohol and Drug Funding



Behavioral Health Staffing



Adult Outpatient Services

- Specialized treatment for adults with chronic and severe mental illness, such as:
 - Schizophrenia
 - Bi-polar Disorder
 - Major Depression
 - Post Traumatic Stress Disorder (PTSD)
- Outpatient services in Gridley, Chico, Oroville, and Paradise and Cal-Works programs in Chico and Oroville
 - Includes assessment, therapy, medications, and case management



Wellness Centers for Adults

- Iversen Center in Chico,
- The Hub in Paradise,
- Wellness Services in Oroville:
 - Medication services
 - Employment and housing services
 - Community skill building
 - Peer led support and educational groups
 - Computer labs



AB109 Program

- Services to individuals released under Public Safety realignment
 - Cooperative services with Probation and Sheriff's Office
 - Services include assessment, therapy, group therapy, medication services, and case management
 - Mental health and substance use treatment services provided



Inpatient Services

- BCDBH 16 Bed Psychiatric Health Facility (PHF)
 - Facility for adults who do not have medical (physical health) complications but require high level of psychiatric care
 - Length of stay averages 7 days
 - Most admissions are involuntary
 - Accepts medi-cal, cmisp, and other insurances
 - Safety net for county population
 - Annual number clients served: 565



Crisis Services

- Crisis line 24/7 for all behavioral health crisis calls
 - 1-800-334-6622
- Mobile crisis response to Emergency Departments, Schools, other public locations
 - 8:00 AM to 7:00 PM, 7 days a week
- Mobile crisis response for children 24/7
- Crisis Stabilization Unit
 - Available for up to 23 hours
 - Voluntary
 - Accepts walk-ins 7 days a week until 11:00 PM
 - Law Enforcement may refer 24/7



Children's Outpatient Services

- Community Counseling Centers in Gridley, Chico, Oroville and Paradise
- Ages 0 to 25 (transition age youth)
- Specialized treatment for children and youth with:
 - Severe Mood disorders
 - Oppositional Defiant Disorder
 - ADHD (attention deficit hyperactive disorder)
 - Bi-Polar Disorder
 - Psychotic Disorders
- Includes assessment, therapy, group, medications, case management, and wraparound services



Prevention Services for Children, Youth & Families

- Live Spot in Gridley and Oroville
- Friday Night Live and Club Live in 15 schools
- Impact Mentoring in 5 schools
- Reach Conference
- Youth Development Summit (Community Leader World Café)
- Athlete Committed
- Strengthening Families program
- Butte Youth Now Coalition



Substance Abuse Treatment

- Outpatient services
 - Assessment, diagnosis, and treatment for individuals diagnosed with substance use disorders
 - Individual and group counseling
 - Referrals to community resources and self-help groups
- Treatment Court Programs
 - Stepping Stones Perinatal program
 - Voluntary Drug Treatment through the Court
 - Family Drug Treatment
 - Drug Treatment for Offenders (SACPA)



Substance Abuse Contractors

- Aegis Narcotic Treatment Program
- Skyway House
- Northern California Treatment Services
- TriCounty Treatment
- On-Site Medical Services



Contracted Programs

- Programs for children, families, and adults through contracted agencies including:
 - Out of County providers for inpatient services, residential care for children and youth, intensive locked residential care for adults, and other residential services for adults
 - Crestwood
 - Modesto Living Center
 - Willow Glen
 - North Valley Behavioral Health
 - Psychiatric Inpatient Hospitals



Butte County Agency Partnerships

- Youth For Change
 - Hospital Alternative Program for Youth
 - School Based mental health services
 - 6th St. Center for Youth
 - African American Family and Cultural Center
 - Therapeutic Behavioral Services (TBS)
 - Housing alternatives (Coleen's House, master leased apartments)



Butte County Agency Partnerships

- Northern Valley Catholic Social Services
 - School Based Services for Youth
 - Wraparound services
 - Promotores
 - Northern Valley Talk Line
 - Mother's Well
 - Sub-contracts with Torres Shelter and Hmong Cultural Center
- Victor Community Support Services
 - School based services for youth
- Counseling Solutions
- Feather River Tribal Health
- National Alliance for Mentally Ill (NAMI) Butte County



Butte County Agency Partnerships

- Jesus Center
 - Employment and referral services for homeless
- Chico State Foundation
 - Passages intensive mental health services for older adults
 - Suicide prevention for older adults (Friendship line)
- Stonewall Alliance
 - Suicide prevention services
- Caminar
 - Housing supports
 - Employment support and training
- State Department of Rehabilitation
 - Cooperative Employment Programs



County Department Partnerships

- Department of Employment and Social Services (DESS)
- Butte County Office of Education (BCOE)
- Sheriff's Office
- Probation Department
- Public Health Department



What We Really Do

- BCDBH serves as the safety net program for individuals and families suffering from serious mental illness and substance use disorders
- We provide prevention and early intervention services where possible, crisis services for all
- We work closely with other community partners to develop a continuum of care for county residents who have a behavioral health treatment need



Recent Changes

- New funding challenges due to 2011 social services realignment
- Elimination of AB3632, school based mental health services legislation
- New opportunities for partnerships with law enforcement agencies with public safety realignment
- Retirement of Clinical Assistant Director, 4 clinical program managers, 3 clinical supervisors
- New Medical Director



2013 Priorities

- Increase collaboration
 - Hospitals
 - Public safety
 - Primary health care providers
- Develop community consensus for level of care
- Increase community education & awareness
- Manage changing regulations and funding sources, including Health Care Reform
- Recruit, retain and support qualified and excellent staff



Behavioral Health Strategic Plan

- Workforce training and development
- Access, utilization and integration
- Standardization and compliance
- Technology
- Quality outcome measures, data and performance
- Community education and collaboration

- Full plan available:
www.buttecountybehavioralhealth.net



THANK YOU

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