



Public Health Administration

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Standing Orders for Diabetics for Shelter Residents

If patient has own insulin and is comfortable administering they may do so without this order

<p>Glucose Monitoring</p>	<p>If patient is eating, check finger stick glucose before each meal and before bed. Record on the "Insulin and Blood Monitoring Form". Target Blood Sugar Level 70 -110</p> <p>If patient is not eating, check finger stick glucose q 4 hours while awake (e.g. 8am, 12pm, 4pm, 8pm). Record on the "Insulin and Blood Monitoring Form".</p> <p>If patient is not eating, please discuss with a physician before giving insulin.</p> <p>Check finger stick glucose with change in level of consciousness of diabetic patients.</p>		
<p>Type I Diabetic</p>	<p>Call MD to write insulin order, and cover hyperglycemia with "Sliding Scale". Ask patient about home dose and give the lesser of the two possible doses.</p>		
<p>Type II Diabetic</p>	<p>Give all oral Diabetic medications as ordered, and cover hyperglycemia with "Sliding Scale".</p>		
<p>Standard Regular Insulin Sliding Scale for Blood Sugar range Dose and Frequency</p>	<p>70- 150 mg/dl</p>	<p>Give 0</p>	<p>Units of Regular Insulin SQ</p>
	<p>151- 200 mg/dl</p>	<p>Give 2</p>	<p>Units of Regular Insulin SQ</p>
	<p>201- 250 mg/dl</p>	<p>Give 4</p>	<p>Units of Regular Insulin SQ</p>
	<p>251- 300 mg/dl</p>	<p>Give 6</p>	<p>Units of Regular Insulin SQ</p>
	<p>301- 350 mg/dl</p>	<p>Give 8</p>	<p>Units of Regular Insulin SQ</p>
	<p>351- 400 mg/dl</p>	<p>Give 10</p>	<p>Units of Regular Insulin SQ</p>
	<p>401 mg/dl or above</p>	<p>Give 12</p>	<p>Units of Regular Insulin SQ</p>
<p>For Blood Sugar 69 mg/dl or less:</p>	<p>Give 4 oz fruit juice or regular soda if patient can take P.O.</p> <p>If patient cannot take P.O., give 25ml of 50% Dextrose IV and call MD. Recheck blood sugar every 15 minutes and repeat above treatment until blood sugar is above or equal to 100 mg/dl.</p>		


 Dr. Andrew Miller

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 Date