

NOROVIRUS IS A HIGHLY CONTAGIOUS DISEASE

Things you should know...

Symptoms: **diarrhea, vomiting, and stomach pain**



Norovirus is not usually serious for healthy adults

Norovirus can be spread by having contact with an ill person, or touching objects, eating food, or drinking liquids contaminated with norovirus



Norovirus spreads quickly, especially in places where many people are living or staying together

How to avoid Norovirus

- Wash your hands with soap and water
- Alcohol hand rubs do not work well on norovirus
- Don't make food for others if you have symptoms



Let's Keep Each Other Healthy

Let staff know if you or your family has:

- Come from another shelter
- Had symptoms or come in contact with someone with symptoms in the past 3 days