

Parent Education Services

- **National Parent Helpline:** Emotional support, listening, and referrals to parenting resources and support.
 - 855-427-2736
 - www.nationalparenthelpline.org

Chico:

- **Center for Healthy Communities:** CalFresh information, and nutrition education.
 - 25 Main St., Suites 101 & 201, Chico, CA 95929
 - (530) 898-5323
- **FOCUS:** Families of Children Under Stress: support-based program for families and/or caregivers of children with special needs. Share triumphs, frustrations, and fears with other parents who have been there. During group session, the kids participate in an integrated recreational program.
 - Arc Pavilion: 2040 Park Ave, Chico, CA 95928
 - Held the 2nd and 4th Tuesday of each month.
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- **Four Winds Indian Education Center:** After school programs, GED preparation, cultural classes, and health and prevention education.
 - **Cultural Class:** Thursdays, 6:00pm-9:00pm. Open to students 12 years or older and must be accompanied by an adult.
 - **Young Men's Group:** Mondays, 5:00pm-8:00pm, starting in August, educate youth in developing critical thinking and problem-solving skills, ages 13-17.
 - 2345 Fair St., Chico, CA 95928
 - 530-895-4212
- **Northern Valley Catholic Social Services (NVCSS):** Father's Group, Thursdays, 12 week group, call for the schedule.
 - 3432 Esplanade, Chico, CA 95973
 - 530-354-1600, ext. 2111
- **Northern Valley Catholic Social Services (NVCSS) - Nurturing Parenting Group:** A free group where parents can come together and share their experiences and challenges with each other and gain new parenting skills. The group follows the Nurturing Parenting curriculum.
 1. John McManus Elementary School
 - 988 East Ave., Chico, CA 95926
 - 530-345-1600 ext. 2111
 - Tuesday: 10:00 am, Spanish language group.
 - Tuesday: 1:30 pm, Hmong language group.
 - Friday: Nurturing Parenting, 8:30 am.

2. La Vista Verde
 - 1666 Vista Verde Ave., Chico, CA 95928
 - 530-345-1600 ext. 2111
 - Tuesday: 10:00 am, Spanish language group.
 - Tuesday: 1:30 pm, Hmong language group.
 - Friday: Adult Group – 10:00 am-11:00 am
 - Last Friday of every month: Nurturing Parenting, 6:00 pm.
3. Chico Location #2
 - 1517 East Lasson Ave., Chico, CA 95926
 - 530-345-1600 ext. 2111
 - Tuesday: 10:00 am, Spanish language group.
 - Tuesday: 1:30 pm, Hmong language group.
- **Northern Valley Indian Health (NVIH) - Prenatal- Better Babies:** women who are pregnant and have Medi-Cal insurance, or women who are income eligible but do not have Medi-Cal yet. Supportive services are available from early pregnancy until the baby is eight (8) weeks old. The baby's father and other family members are included if desired. Includes private appointments, health education, nutritional information, individual support, classes on birthing, breastfeeding, and baby care.
 - 500 Cohasset Rd., Chico, CA 95926
 - 530-433-2500, option 6 or
 - 530-894-5585
- **Car Seat Class:** Butte County Public Health. Registration begins on the FIRST day of the month PRIOR to the class date. Classes fill quickly and space is limited. Call for the address.
 - July 10, 2019, 9:00am-11:00am.
 - September 11, 2019, 9:00am-11:00am.
 - 1-800-339-2941

Butte College Foster/Kinship Parent Education Program: FREE

Location: Butte College Skyway Center- 2480 Notre Dame Blvd., Chico, CA 95928

To sign up for a class: call 530-897-6235, or go to the website: www.butte.edu/fosterkinship/

- **Nurturing Parenting Two Day Intensive:**
 - 2 day class, 9:00 am-4:00 pm, 1 hour lunch
 - June 22, 2018 and June 23, 2018
- **Nurtured Heart Approach:**
 - Thursdays from 6:00 pm-9:00 pm
 - July 5, 2018 through August 9, 2018
- **Nurtured Heart Approach:**
 - 2 day class, 9:00 am-4:00 pm, 1 hour lunch
 - July 14, 2018 and July 21, 2018

Biggs:

- **Northern Valley Catholic Social Services (NVCSS) - Nurturing Parenting Group:** A free group where parents can come together and share their experiences and challenges with each other and gain new parenting skills. The group follows the Nurturing Parenting curriculum.
 - 300 B. St., Gridley, CA 95948 - Library
 - 530-345-1600 ext. 2134
 - Tuesday: 10:00 am, Spanish language group.
 - Tuesday: 1:30 pm, Hmong language group.
 - Last Tuesday of each month: Nurturing Parent, 5:30 pm.

Gridley:

- **Gridley Community Center:** Food distribution, WIC, parenting classes, etc.
 - 200 East Spruce St., Gridley, CA 95948
 - 530-538-7534

Oroville:

- **African American Family Cultural Center:** Free workshops, parenting support, and help with connecting to community resources.
 - 3300 Spencer Ave., Oroville, CA 95966
 - 530-532-1205
 - **Circle of Healing Parenting Class:** A free class for teen and adult parents, to learn parenting skills. This is an eight (8) week class and dinner is included. Tuesdays from 5:30 pm-7:00pm.
 - **Sisterhood Group:** Women 18 years and older, every 2nd and 4th Tuesday of the month. 6:00 pm-7:00 pm.
 - **Brotherhood Group:** Men 18 years and older, Thursdays 5:00 pm-6:30 pm.
- **Butte Baby Steps:** For women under the age of 29, who are pregnant or just gave birth. Home visits, positive parenting, and more.
 - 2185 Baldwin Ave., Oroville, CA 95965
 - 530-538-8221
- **Car Seat Class:** Butte County Public Health. Registration begins on the FIRST day of the month PRIOR to the class date. Classes fill quickly and space is limited. Call for the address.
 - August 7, 2019, 9:00am-11:00am.
 - 1-800-339-2941
- **Feather River Tribal Health:** Provides one-on-one parenting classes on positive parenting and positive parenting of teens. No fee for Native American clients, \$40 for Non-Native American clients.

- 2145 5th Ave., Oroville, CA 95965
- 530-534-5394
- **Hmong Cultural Center:** Tu Tus Menyuum: Raising the Child, for families with children 0-5 years old.
 - 1940 Feather River Blvd., Ste H., Oroville, CA 95965
 - 530-534-7474
- **Oroville Adult Education Center:** Academic and vocational training for all ages.
 - 2750 Mitchell Ave., Oroville, CA 95966
 - 530-538-5350
- **Public Health Low Cost Car Seats:** Free 2 hour class.
 - 1-800-339-2941

Northern Valley Catholic Social Services (NVCSS): Butte College Foster/Kinship Parent Education Program: FREE

Location: NVCSS- 2185 Baldwin Ave., Oroville, CA 95966

To sign up for a class: call 530-897-6235, or go to the website: www.butte.edu/fosterkinship/

Online Parenting Videos/Information

Online Services

- **Kidsinthehouse:** An online video library of parenting and parenting advice. It contains over 8,000 videos from 450 experts.

Website: <https://www.kidsinthehouse.com/>

- **AdoptUSKids:** A national project of the US Children’s Bureau that provides tools and resources to support child welfare systems and connects children in foster care with families.

Website: <https://www.adoptuskids.org/>

- **Children Welfare Information Gateway - Resources for Foster Parents and Caregivers:** Provides resources for foster parents, relative/kinship caregivers.

Website: <https://www.childwelfare.gov/fostercaremonth/resources/caregivers/>

- **Fostering Perspectives:** A website that provides resources and a forum for child welfare professionals, foster, kinship, and adoptive parents.

Website: <http://fosteringperspectives.org/>

- **Center for Parent Information & Resources – Resources Especially for Foster and Adoptive Families:** Provide useful resources and advices for parents, including foster parents, of children with disabilities.

Website: <http://www.parentcenterhub.org/fosteradoptive/>

- **Foster Club:** A national network for young people in foster care. You will find stories shared by foster youths, supportive adult message board, and more.

Website: <https://www.fosterclub.com/>

- **DailyStrength - Foster Care Support Group:** A support group for foster parents to ask questions, share experiences, and to meet other foster parents.

Website: <https://www.dailystrength.org/group/foster-care>

- **National Alliance on Mental Illness:** Though not created specifically for foster parents, this is a resourceful website that provides information on various mental illnesses, from ADHD to bipolar disorder to schizophrenia. It details warning signs of mental illnesses, conditions of different illnesses, medications and treatments.

Website: <https://www.nami.org/>

- **John Burton Foundation**

Website: <http://www.jbaforyouth.org/>