

Behavioral Health Advisory Board Minutes

Wednesday, October 18, 2023 3:00 pm - 5:00 pm

Zoom & Conference/109 Parmac Road, Suite #1. Chico CA. 95926

Chico Youth Center Conference Room

Information

Board Members: Kyle Horst (Chair), Andrea Wagner (Vice Chair), Supervisor Tami Ritter.

Staff: Scott Kennelly, Sam Casale, Helena Meyers.

(Virtual) Donovan Wong, MD, Brenda Blanco-Mullennix, Kim Peoples, Kirk Zeller, Melody Robinson, Molly Coughlin, Rachel Kim, Yoseb Afsharzadeh, Brenda Tena, Jess Gilligan, Sukhveer Cheema, Hope Kilby, Joanie Frericks.

Visitors: Brian Boyer (CAA), Ramona Flynn (BCLWV), Beth Parsons (YFC), Erna Friedeberg (NVCSS), Kevin Freitas, (CAMHPRO).

(Virtual) Colleen Phipps (NAMI), Danny Medina (CAMHPRO), Jada, Kelly Doty (WFS), Selena Thao, Breann Arbogast-Elvington NVCSS, Ginger Alonso (CSUC), Kelly Lor (Passages), Tanya Fontenot (WFS), Tiffany McCarter (AAFCC), Katy Philippe (NVCSS), Boyle, Mary Lawhead.

Absent: Lt. Jarrod Agurkis, Bobby O'Reiley, Timothy Hawkins, J. Angel Calderon.

Agenda Item/Issue:	Discussion Summary:	Recommendation/Result/ Action/ Next Step/Person Assigned/Due Date:
1. Call to Order	<ul style="list-style-type: none"> Called to Order at 3:04 pm. Kyle welcomed the Board and audience and invited them to introduce themselves. BHAB agenda and minutes available online. As there was not a quorum present, approval of minutes was postponed to the next meeting. 	
2. Public Comments	<ul style="list-style-type: none"> There were no public comments made at this time in the meeting. 	
3. Announcements	<ul style="list-style-type: none"> Kyle has been in touch with the county administration, all Advisory Board Members need to attend an Ethics Training, it is an online two-hour training that is available through the county. He will send the information to the AB Members. Other trainings are also available, but they are not required. 	
4. Medical Director Report, Dr. Wong	<ul style="list-style-type: none"> Opioid Epidemic and Sublocade. As we do our Death Reviews, Opioid overdoses, specifically Fentanyl, is the leading cause. New Data from September shows 102 Naloxone kits were dispersed, with 17 opioid reversals. This data is very difficult to obtain. We will try to get regular updated moving 	

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	<p>forward. Buprenorphine – partial opioid agonist, but with a ceiling effect, binds tightly to the receptors. Sublocade is the long-acting injectable buprenorphine. It can be helpful with compliance and transition in treatment, with a fifty-day half-life. BCDBH started providing Sublocade in September. Covered by most insurance, some assistance from the manufacturer on co-pay for people who qualify. Much harder to get-high while taking, as it binds tightly to the receptors. It can be used to detox, or for more ongoing treatment, whatever is needed.</p>	
5. New Business	<ul style="list-style-type: none"> No New Business addressed. 	
6. NAMI (National Alliance on Mental Illness)	<ul style="list-style-type: none"> Colleen Phipps shared information from the recent Quarterly General Meeting, Kevin Freitas, Program Manager at Cal Hope who share experiences and Cal Hope Warm Line. Dale Yang, BCDBH Forensic Coordinator, who brought along two guests from the Butte County Jail, Amy Chase, Jail Release Planner, and Tara Foster, Well Path Program Manager. Lots of questions, and a very good event. 	
7. Consumer Perspectives	<ul style="list-style-type: none"> Andrea Wagner shared that she will be attending two Peer Conferences on the East Coast next week, one is the National Association of Peer Supporter, in Virginia, will be as an attendee. Then the International Society for Psychological and Social Approaches to Psychosis as Guest speaker, her topic is Reinstitutionalization in California. See the conference remotely for \$25.00 a day, she can get the link. 	
8. Public Safety Update, Lt. Jarrod Agurkis	<ul style="list-style-type: none"> None at this time. 	
9. Committee Follow Up	<ul style="list-style-type: none"> Executive Committee met on October 5th and set the Agenda and plans for the remainder of this year. Nominations are open as of 	

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	<p>today for Chair and Vice Chair. Kyle has elected not to run again, as he feels it is very important to have rotation, plus he has a limited capacity in the spring. Elections will take place at the November meeting. Nominations may be sent to Kyle or to Sam.</p> <ul style="list-style-type: none"> • Applications were tabled until November, looking to approve two applications for new members. We are required to have one Youth, but we can have more. We really need Board Members who identify as consumers or family members. • Andrea - Peer Workforce Proclamation – 3rd Thursday of October, Global Peer Celebration Day. Proclamation read aloud. Also, local CAMHPRO group will be in the plaza in Oakland from 11:00 am to 1:00 pm on Thursday, October 19th, with some livestreaming. Will bring document back next month for signing. 	
<p>10. Peer Certification Update</p>	<ul style="list-style-type: none"> • Andrea will be making two presentations on Friday, October 20th, regarding Peer Certifications in the Bay Area. Presenting data collected over the last two years on Peer Certification. • A lot is being done for Peer Certification, but a lot more can be improved upon and is still needing to be done. There are only 2000 Certified Peer Support Specialists. 70% white/Hispanic, 95% English speaking. Developments regard scholarship and training opportunities coming up. • Possibly moving to a Quarterly update versus monthly. 	
<p>11. Presentation – BCDBH – CAMHPRO, Kevin Freitas</p>	<ul style="list-style-type: none"> • Kevin Freitas, Cal Hope – Program Manager for the Cal Hope support program, one of five programs run through the California Association of Mental Health Peer-Run Organizations – CAMHPRO. In 2011, a group of Mental Health consumers and stakeholders got together to determine there was a need to organize and represent the Mental Health consumer with a peer voice, in helping to develop Mental Health services in 	

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the state. In 2012, CAMHPRO was formed, a 501c3 a state-wide non-profit, comprised of twenty-five organizations, all consumer run, all peer run, to serve people with Mental Health challenges. It has a legislative component. You can visit our website, Info@CAMHPRO.org, to learn more, more in depth about who we are and what we do. We are a recovery-oriented approach, in that we see that a recovery perspective is really affirming, that the health and social engagement are achievable for all people, through social inclusion and appropriate services that are self-determined by the people that receives services.

- We have five programs which we address that approach. Peer Empowerment Program, funded by the Department of Health Care Services.
- Peer Empowerment Program, funded by the Department of Health Care Services. PEP was created by DHCS and part of the Peer Workforce Development program. Primary role is to help bring the Peer voice into the development process California MediCare Peer Certification, as we develop the Peer Workforce.
- Funded by Mental Health Services Oversight and Accountability Commission (MHSOAC) LEAD is a state-wide three-year program, goal to generate the awareness of the needs and clients and ensure they have a major role in envisioning the development of local and state Mental Health colleges and programs.
- PAD, development of Psychiatric Advanced Directives for folks with Mental Health issues. It is a Multi County project conceived in 2021, \$13M state-wide with MHSOAC Innovations Project finds to test the feasibility of PAD in CA, including an online platform for people to create a PAD. CAMHPRO is part to a \$400,000 4 yr. engagement with seven county pilot to instruct people how to create

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	<p>their PAD with the aspirations of being a state-wide program.</p> <ul style="list-style-type: none"> • BPL, Building Peer Leadership in California federally funded through SAMHSA grant state-wide consumer group looking to build up leadership in individuals but also independent organizations who want to grow and build sustainability in their organization. • Cal Hope support program, CAMHPRO's fifth program, in the second and final year, funded by the DHCS administered through CalMHSAs Services Authority designed last year. As a response to provide ongoing non-clinical emotional and social support in response to the pandemic and other natural and human caused disasters, and other life stressors. This year \$33M program enacted by over 50 organizations, most peer run thought the starter. Support specialists who provide non-clinical individual, group, family sessions, as well as outreach about what kind of services are available. • Cal Hope Warm Line at 833-317-4673. CAMHPRO.org/CalHope. CALMHSAs.org/CalHope (statewide). Info@CAMHPRO.org. 	
<p>12.MHSA Update, Sam Casale, MHSA Coordinator</p>	<ul style="list-style-type: none"> • Governor signed the bill on MHSA reform sending it to the voters in March. Support documents from CA Behavioral Health Directors Association advising to start looking at financial and programmatic impact that affect us locally. Brief overview of current programs aligning with the Budget unit, as to what MHSA would need to be under the new legislation. As expected, we are drastically underfunded in the area of housing, even if we pulled all of our housing from other funding sources, and overfunded in all of our catch-all categories, including early education and intervention. Prevention would move over to the statewide program. Housing like Bella Vida, and some of our Crisis Programs funded out of MHSA, would not be eligible under BHSA Housing, as it does not permit 	

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	<p>the inclusion of treatment. It is essentially one-third Housing, one-third, FSP, and one-third everything else. Zoning, landlords, infrastructure to house mentally ill, NIMBY, are some of the many concerns. We have been promised some sort of runway, a proposal to build infrastructure. Where our current funding is now versus where is will be. What can be funded and what cannot be.</p> <ul style="list-style-type: none">• Proposed does not mean we can do it, Butte County currently has no capacity to build infrastructure.• There is some MHPA mandated funding, FSP become its own new category, but it is about the same as what the new legislation would require. Big shift on how this funding is to be used, housing issue is being turned over to the counties to resolve. 2% current housing, will need to be 30%, 7% can be transferred from other two categories (14% total). Housing does not currently exist. We cannot stop doing what we are currently obligated to provide. The issue of involuntary housing was as last- minute addition, and very concerning. This is all if it passes on the March ballot, however, it is very marketable. MHPA and Housing bond were put together into one bond, one mega-bill, which is tied to LPS Conservatorship reform.• We will be present this information at the important stakeholder meetings throughout the county. We will get a broad-spectrum community input as to what can be funded under the new BHPA. This will include a variety stakeholder groups, however, specific groups are not required to be included. A basic breakdown of the important data will be presented to the BHAB next month. Where our funding is now, versus what we are looking at under BHPA.• Data Notebook was reviewed briefly and is available online. Action item for next month.	
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<p>13. Director's Report, Scott Kennelly</p>	<ul style="list-style-type: none">• Sharing some sad news - Gordip Singh, a long time DBH employee on the PHF, was involved in a recent accident and passed away on Saturday. A Memorial was held this week and a Funeral this weekend.• Bianca Naron, the DBH Compliance Officer recently left the department. Alice Stark, recently extra-help at QA/QI, is the new DBH Compliance officer.• Danelle Campbell, the Prevention Program Manager recently retired. Emily Swearingen, who had the been the Supervisor at Prevention has been hired as the Program Manager. August Moore, has been hired into the Supervisor position.• LPS Conservatorship reform, SB 43, was signed, and has been expanded to include severe Substance Use Disorder as well as Serious Mental Illness.• AB1228, is set to raise the minimum wage of Fast Food workers to \$20.00 hr. beginning April 01, 2024. Health Care workers, under SB525, will now be moving towards \$25.00 hr. by 2026.• We have an RFP going out for the Sobering Center.• Another RFP will be going out for the Mental Health Rehabilitation program, a locked inpatient facility, longer term placement, typically Conserved, though not acute care.• We have applied for a \$6M grant for board and care facilities, up to \$200 /day patch (fifty beds).• Another is the FIST grant, partnering with law enforcement – clients previously sent to state hospitals to be restored, funding would be provided to the counties to find housing, up to fifty beds.• Cal Aim MediCal – been in place since July, after being finalized in June. Delays, submission issues, new billing codes, etc., we are working our way through the process, but it is rather clunky.	
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	<ul style="list-style-type: none"> • Care Court – For those untreated and not engaged in services. First counties to implement - LA, SD, SF, then most recently Glen. Butte is scheduled for next year, next year. In addition to the LPS reform, but it is Civil Court, with no real power to enforce (black robe-effect). If a client fails to follow through with Care Court, they can be referred for Conservatorship. • We are prepping to become 24/7/365 Mobile Crisis team, state is requiring all county to roll countywide, beginning January 2024. • Everhart Village is down to the electrical panels, awaiting a part, almost complete. Once done, we should be good to go. • This data just came out this week. Housing first, treatment will follow model. Putting the homeless into housing and treatment will follow. Advocates are saying no, they should be done simultaneously, treatment and conditional housings. SF's preliminary data Housing First model, seventeen deaths this month, three people a week, from overdoses. Put them into an apartment without any supervisor, they continue using, then overdose, and no one checking on them until the next day or the next week. Supervised housing due to the high risk to this populations (SLEs). • Review of Vacancy Rate Report. • Review of Incarceration Report. • Butte County is chasing every housing grant we can, to find as many creative ways to locate housing. We are not in the business of managing housings. There are agencies that do this. • In person Community Meetings coming soon, getting out to all four communities, as early as November/December; Chico Oroville, Paradise, Gridley. 	
14. Public Comment	<ul style="list-style-type: none"> • There were no public comments made at this time in the meeting. 	

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15. Adjournment Reminder	<ul style="list-style-type: none">• The next Executive Committee meeting will be 11/02/2023 at 11:00 am.• The next BHAB meeting will be 11/15/2023 at 3:00 pm.• Meeting adjourned at 5:07 pm	
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