

Behavioral Health Advisory Board Minutes

Wednesday, September 20, 2023 3:00 pm - 5:00 pm

Zoom & Conference/109 Parmac Road, Suite #1. Chico CA. 95926

Chico Youth Center Conference Room

Information

Board Members: Kyle Horst (Chair), Andrea Wagner (Vice Chair) (Virtual), Supervisor Tami Ritter, J Angel Calderon, Lt. Jarrod Agurkis, Timothy Hawkins
Staff: Scott Kennelly, Donovan Wong, MD, Sam Casale, Reidun Waddell, Lindy Cano, Julie Hendrickson, Anna Smith, Yoseb Afsharzadeh, Joanie Frericks
Visitors: Colleen Phipps (NAMI), Danny Medina (CAMHPRO)
Absent: Bobby O'Reiley

Agenda Item/Issue:	Discussion Summary:	Recommendation/Result/ Action/ Next Step/Person Assigned/Due Date:
1. Call to Order	<ul style="list-style-type: none"> Called to Order at 3:02 pm. Kyle welcomed the Board and audience. BHAB agenda and minutes available online. There were no minutes to reviewed. 	
2. Public Comments	<ul style="list-style-type: none"> There were no public comments made at the meeting. 	
3. Announcements	<ul style="list-style-type: none"> Kyle and Andrea attended the state-wide organization of Behavioral Health Advisory Boards in Chico, on Saturday, September 16th. There are trainings and handout available on the website. Discussion regarding trainings that are encouraged, if not required, for board members, e.g. Ethics, Brown Act, Sexual Harassment. Tami stated as a BofS member, she is required to take certain trainings every two years. Kyle will look into this, including review of the by-laws. 	
4. Medical Director Report, Dr. Wong	<ul style="list-style-type: none"> Presentation on the opioid epidemic. It continues to get worse, although it is slowing down on how quickly it is doing so. We are also seeing an increase in the number of opioid overdoses (BINTF released data in July 2023), pretty similar to what is being seen nationwide. 2018 – 49 overdoses, 2022 – 123 overdoses. In 2022, Fentanyl was double of all other opioid overdoses combined. Narcan/Naloxone blocks opioids and can reverse overdose. It is important to get Narcan out there as widely as possible, it can be lifesaving. It is available directly from pharmacies now. DBH has a standing order. 	

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	<ul style="list-style-type: none"> • Lindie Cano, BCDBH Triage Nurse, provided a demonstration and training on how to administer Narcan. Call 911, administer Narcan, support the person. Narcan may be given ever 2-3 minute to see if reversal occurs, or until medical aid arrives. • Julie Hendrickson, BCDBH COPE Team, Healthy Rural California, talked about Red Bags w/clip, which include two does Narcan, Fentanyl test strips, Use of Narcan, Health Tips for Harm Reduction, Good Samaritan Law. These are passed out to encampments, shelters, and community. 	
<p>5. New Business</p>	<ul style="list-style-type: none"> • No New Business addressed. 	
<p>6. NAMI (National Alliance on Mental Illness)</p>	<ul style="list-style-type: none"> • Colleen Phipps shared an upcoming meeting on October 12th, at Enloe Conference Center, 6:30 pm to 8:00 pm. Quarterly General Meeting. Kevin Freitas, Program Manager at Cal Hope will be speaking about Psychological Burden and Lessons through Social Support. Dale Yang, BCDBH Forensic Coordinator, will also be speaking. Family to Family Court will be starting. • REST Program Update? Scott stated the program is up and running this entire calendar year. Staffed up the majority of the positions, and actively out throughout the community. Presentation at a previous BHAB meeting. 	
<p>7. Consumer Perspectives</p>	<ul style="list-style-type: none"> • Andrea, currently in New York, discovered resources there. "Save the Michaels", grass roots group formed after death of son in 2019 from Fentanyl. Narcan in the community in dispensers. Mental Health of Niagara County, free child care respite, up to two times per month. • Recommendation to the Board to do Global Peer Support Celebration Day, on the third Thursday of October, social events. Shared how hard it is to be a Peer Support Specialist and to share yourself! 	

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<p>8. Public Safety Update, Lt. Jarrod Agurkis</p>	<ul style="list-style-type: none"> • Still working on Jail project. Construction crew building retaining walls, installing sewer and electrical. Trucking in soil to level ground and build access road to bring up to the level of the area. This will be several months. • Working with Sam on some Felony IST data. Legislation came down to each county with a cap of encompassing trials that basically state hospitals have set for each county. If we go about the cap, the county is fined. Currently trying to reconcile the data. 	
<p>9. Committee Follow Up</p>	<ul style="list-style-type: none"> • Executive Committee met and set the Agenda. These meetings are the 1st Thursday of the month at 11:00 am, any ideas or items, invited to attend. • Four applications have been received and are in process for membership. Some potential candidates are here today. Still actively recruiting, especially consumers and family members. 	
<p>10. Peer Certification Update</p>	<ul style="list-style-type: none"> • CalMHSAs have provided data about who is being certified and who is not. What are the barriers? Are certain demographics not being represented? How can we be more supportive? Dashboard was released last week, it shows all the demographics of those who have been certified. Butte shows 21 PSS have been certified this year. Also lists the number of statewide supervisor trainings. The test has still not been translated into threshold languages. It does not indicate that the exam has been culturally vetted. It is not as ethnically diverse as we would like to see. Initially scholarships were given to the counties chosen individuals. There are still a lot of peers who are working out there and are not certified. • Some trainings are being offered for free, through grant funding, also some for the exam. • Scott – County still has a contract with Crestwood for peer training and support 	

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	<p>through this next fiscal year, does not think this has been exhausted.</p>	
<p>11. Presentation – BCDBH – Crisis Services Reidun Waddell, Sr. Program Manager</p>	<ul style="list-style-type: none"> • Suicide 11th leading cause of death in the US (AFSP FY20/21). 40,000 in past year, 1 death every 11 minutes. 12.3M Thought about, 3.5M have a Plan, 1.7M have Attempted. • Definition of Crisis – An event someone experiences or perceives as an intolerable difficulty that exceeds their available resources. • Rubric – What is the right level of response, legal and ethical, least restrictive, then move to the next higher level of care. • National 988 number, connects to local Crisis Services. • Crisis Response Team – walk-in, phone, telehealth, individual or referral; family, hospitals, schools, law enforcement, other agencies, DBH. <ul style="list-style-type: none"> ○ Mobile Crisis ○ Crisis Triage Connect Team ○ COPE Team ○ Partnering with Law Enforcement ○ Safety Planning ○ Hospital Alternatives ○ Crisis Residential • Staffing includes: Triage Nurse, BH Counselors, BH Workers, Peer Support Specialists, HSA. • New Legislation <ul style="list-style-type: none"> ○ 5150 expiration, due process hearing by third party, can now occur at hospital prior to initiating a second 5150. (January 2023) ○ Single Mobile Crisis Structure, 24/7, 365, to go wherever the client is, home, shelter, community, encampment, etc., independent of law enforcement. Counselor and Peer team to provide co-response, crisis assessment, and Narcan, if needed. (January 2024) 	

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<p>12. MHSa Update, Sam Casale, MHSa Coordinator</p>	<ul style="list-style-type: none"> • Governor's bill moving along through the process, likely to receive the full bill soon. Anticipated to go to the voters in March 2024. If passed, 1/3 of MHSa funding/budget to go to Housing and Homeless. Community meetings planned for early 2024. • Iversen Caner Administrative Monitoring Process – Reviewed. • New supervisor at SPRE. 	
<p>13. Director's Report, Scott Kennelly</p>	<ul style="list-style-type: none"> • Sobering Center – RFP – Applications open next week. Once a provider is selected, hopefully opening in Spring 2024. • Bridge Housing Grant – 7.5 M over next five years to set up housing, 6 M for patch for board and care facilities, up to \$200 per day. • Open invitation ZOOM Meeting for potential B&C operators, September 27th at 2:00 pm. • Monte Vista, six bed B&C with patch, opening in Oroville in next 30-45 days. • Searching for new facilities in Oroville, Gridley, and potentially Paradise. Seeking CDBG grant to expand services. • EQRO and Drug MediCal Audits – teams did fantastic, those providing data and answering questions. • Housing Infrastructure Bill, now 6.4B, originally unlocked housing, but now includes locked facilities. This is in response to SB 43, redefining grave disability and the 5150 process, to include drug addiction. • Partnering with Law Enforcement to peruse FIST Grant, to provide alternate resources, up to fifty beds, and to provide wrap around services. • Everhart Village opening soon, anticipating October or November. • MHSa and Housing going to the ballot in March 2024 – we will be having community input meetings in the four major locations, kind of a MH101 – ADs, MHSa, Compliance available so come and ask questions. 	

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14. Public Comment	<ul style="list-style-type: none">• Maybe it is time to go into the schools to provide some MH trainings. Also, after school projects.• CAMHPRO Updates<ul style="list-style-type: none">○ Building Peer Leadership Program, forum on November 10th, free all-day program, at the McConnell Foundation in Redding, visit the website for more information.○ 5 in 5 Campaign – visit five regions in five weeks, making contract with twenty-five or more agencies, having a tour, talk to the executive director, and interviewing some employees. There will be some events going on during those days as well. Campaigning those agencies to put Peer organization in the forefront. For highlights, visit CAMHPRO.org	
15. Adjournment Reminder	<ul style="list-style-type: none">• The next Executive Committee meeting will be 11/02/2023 at 11:00 am.• The next BHAB meeting will be 10/18/2023 at 3:00 pm.• Meeting adjourned at 4:59 pm	