

Behavioral Health Advisory Board Minutes

Wednesday, August 17, 2022 3:00-5:00pm

Zoom Conference

Attendance

Board Members: Kyle Horst, Chair; Kimberly Pemberton; Toby Dowd; Supervisor Tami Ritter; Supervisor Debra Lucero (alternate)

Staff: Scott Kennelly, Holli Drobny, Jenn Stofa, Brenda Mullennix, Helena Meyer, Brianna Ocampo, Kelly Marinello, Melody Robinson, Jessica Wood, Kirk Zeller, Mart Brown, Brenda Sallade

Visitors: Eden Werstler (CWAHA), Laura Sorensen, Danny Medina (CAMHPRO), Denise Petersen (CWAHA), Lisa Currier, Denise Pyper, Sage, Cynthia “CC” Cantwell, Andrea Wagner (CAMHPRO), Beth Parsons (YFC), Tiffany McCarter (AAFCC), Kelly Doty (Wayfinder/Lilliput), Patience Hervey (BCOE), Tanya Fontenot (Wayfinder/Lilliput), Tiffany Carter (ACCESS Cal Voices), Erna Friedeberg (NVCSS), Breann Arbogast (NVCSS), Colleen Phipps (NAMI), Katy Philippe (NVCSS)

Absent: Lt. Jarrod Agurkis

Agenda Item/Issue:	Discussion Summary:	Recommendation/Result/ Action/ Next Step/Person Assigned/Due Date:
<p>1. Call to Order</p> <p>Action Item-Vote to Approve Assembly Bill (AB) 361</p>	<ul style="list-style-type: none"> • The purpose of the AB361 Resolution was explained. <ul style="list-style-type: none"> ○ Supervisor Tami Ritter put a motion on the floor to approve the Resolution. ○ Kimberly Pemberton seconded the motion. ○ The motion was unanimously approved. 	<ul style="list-style-type: none"> • The Board unanimously voted to meet online per the AB 361 Resolution.
<p>2. Introductions/ Correspondence /Hand Outs</p>	<ul style="list-style-type: none"> • Kyle welcomed the Board and audience to introduce themselves. • Kyle explained to the group where to find the agenda and handouts for the BHAB meetings and shared the link. https://www.buttecounty.net/behavioralhealth/advisory-board • The draft minutes from June 15, 2022 were reviewed. <ul style="list-style-type: none"> ○ Supervisor Tami Ritter put a motion on the floor to approve the minutes as written. ○ Kimberly Pemberton seconded the motion. ○ The motion was unanimously approved. • The draft minutes from July 20, 2022 were reviewed. 	<ul style="list-style-type: none"> • The June 15, 2022 minutes will be posted on the Behavioral Health Advisory Board website. • The July 20, 2022 minutes will be posted on the Behavioral Health Advisory Board website.

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	<ul style="list-style-type: none"> ○ Supervisor Tammi Ritter put a motion on the floor to approve the minutes as written. ○ Kimberly Pemberton seconded the motion. ○ The motion was unanimously approved. 	
3. Public Comments	<ul style="list-style-type: none"> ● Kyle reviewed the public participation protocol. ● There were no public comments. 	
4. Announcements	<ul style="list-style-type: none"> ● Reminder that the Behavioral Health Advisory Board is still actively recruiting for membership and there are still several open vacancies. BHAB Membership Application 	
5. New Business - BHAB Vice Chair Nominations and Vote - Jessi Wallis, Youth Representative Membership - Bobby O'Reilley, Community Representative Membership - Elizabeth "Lizz" Watling, Family Member Representative Membership	<ul style="list-style-type: none"> ● Tami Ritter nominated Toby Dowd for the Vice Chair position. ● Kyle Horst seconded the nomination. ● Toby Dowd accepted the nomination. <ul style="list-style-type: none"> ○ Kyle motioned to approve Toby as the new Vice Chair. ○ Kimberly seconded the motion. ○ The motion was unanimously approved. ● There was discussion regarding the pending BHAB membership applications. ● Jessi Wallis, Chico High School student, applied for youth membership. <ul style="list-style-type: none"> ○ Tami motioned to recommend Jessi Wallis to the Youth Representative position. ○ Kimberly seconded the motion. ○ The motion was unanimously approved. ● Bobby O'Reilley, Business Owner, applied for community representative membership. <ul style="list-style-type: none"> ○ Tami motioned to recommend Bobby O'Reilley to the Community Representative position. ○ Kimberly seconded the motion. ○ The motion was unanimously approved. ● Elizabeth "Lizz" Watling, applied for a family member representative membership. <ul style="list-style-type: none"> ○ Tami motioned to recommend Lizz Watling to a Family Member Representative position. ○ Kimberly seconded the motion. ○ The motion was unanimously approved. 	<ul style="list-style-type: none"> ● The BHAB Roster will be updated to reflect that Toby Dowd holds the Vice Chair position. ● Jessi Wallis will be recommended to the Board of Supervisors for approval to the BHAB Youth Representative position. ● Bobby O'Reilley will be recommended to the Board of Supervisors for approval to the BHAB Community Representative position. ● Elizabeth "Lizz" Watling will be recommended to the Board of Supervisors for approval to the BHAB Family Member Representative position.

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<ul style="list-style-type: none"> - Chico Community Counseling Center Grant Opportunity 	<ul style="list-style-type: none"> • Scott Kennelly discussed the grant application opportunity to acquire property that is more modern and conducive to therapy and will allow for needed expansion. • Both client and community support is requested and required for this application. <ul style="list-style-type: none"> ○ Tami moved to approve the letter of support. ○ Kimberly seconded the motion. ○ The motion was unanimously approved. 	<ul style="list-style-type: none"> • The BHAB will provide a Letter of Support for the Chico Community Counseling Center and Stepping Stones Expansion project.
<p>6. National Alliance on Mental Illness (NAMI)</p>	<ul style="list-style-type: none"> • Cynthia “CC” Cantwell and Colleen Phipps offered feedback and details on their Mental Health Wellness, What Works, What Doesn’t presentation that was provided Sunday August 7th, 1-4 @ Elks Lodge. • There were 50 participants in the audience and another seven (7) on Zoom. • The professional panel consisted of Scott Kennelly from Behavioral Health, Leslie Johnson from CHAT, Amber Abney-Bass from Jesus Center, and Caitlyn Patterson from Everhart Village. • Special thank you to Jenn Stofa for helping with the break-out sessions. 	
<p>7. Consumer Perspectives</p>	<ul style="list-style-type: none"> • Toby reported that the outreach with the homeless, especially with the high temperatures, has resulted in more people engaging and requesting resources, including questions about Everhart Village and when it will be available. 	
<p>8. Public Safety Update</p>	<ul style="list-style-type: none"> • There was no update. 	
<p>9. Committee Follow Up</p> <ul style="list-style-type: none"> -Executive -Membership -Crisis Intervention Team (C.I.T.) -Performance Review Committee (P.R.C.) 	<ul style="list-style-type: none"> • Executive Committee met briefly and discussed membership applications and setting the agenda for this meeting. • There were no other committee meetings. 	
<p>10. Peer Certification Update</p>	<ul style="list-style-type: none"> • Andrea Wagner from CAMHPRO provided that their Peer Empowerment Partnership Program works directly with CalMHSA and 	

Behavioral Health Advisory Board Minutes

Wednesday, August 17, 2022 3:00-5:00pm

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	<p>provided that the deadline for grandparenting in to certification has been extended to September 30, 2022.</p>	
<p>11. Presentations -Wellness Recover Action Plan (WRAP)</p>	<ul style="list-style-type: none"> • Presentation provided by Jessica Wood and Kirk Zeller who are WRAP facilitators for Behavioral Health. • This training teaches an approach to daily living that supports people in maintaining wellness through life’s challenges. • WRAP is well researched and is an evidence-based practice, proven to help people feel less stress, more confidence, better able to talk with care providers, and more in-control of their personal wellness. • The five key concepts of WRAP are hope, personal responsibility, education, self-advocacy, and support. • The WRAP Wellness Toolbox was discussed, including: <ul style="list-style-type: none"> ○ What am I like when I’m well; ○ What I need to do every day to stay well; ○ What I might do to stay well. • WRAP Recovery topics include: <ul style="list-style-type: none"> ○ Building Self-Esteem ○ Changing Negative Thought to Positive Ones ○ Peer Support ○ Work Related Issues ○ Trauma Recovery ○ Suicide Prevention • The training is currently available to BCDBH employees, consumers, and contract providers. There are discussions on opening it up for community members. • The PowerPoint presentation was provided and shared with the BHAB members. 	
<p>12. MHSa Update, Holli Drobny, MHSa Manager</p> <p>- Program Performance Review</p>	<ul style="list-style-type: none"> • MHSa team is currently completing the end of the year data for MHSa funded programs. • Special thank you to MHSa providers for meeting quarterly to review the data and making sure it’s telling the accurate story of the programs and outcomes achieved. • There will be a “Data Brief” which will be an executive summary of how the MHSa programs did over the last fiscal year. 	

Behavioral Health Advisory Board Minutes

Wednesday, August 17, 2022 3:00-5:00pm

Zoom Conference

<ul style="list-style-type: none"> - MHSa Plan and Community Input - Workforce Education and Training (WET) Superior Regional Partnership - DHCS MHSa Review 	<ul style="list-style-type: none"> • The “Data Brief” tool will be used in soliciting community input for the Three (3) Year MHSa Plan. • The Community Input outline was created with the help of the MHSa Steering Committee, including meetings, surveys, etc. to try and obtain the most feedback possible for the Plan. • The next MHSa Steering Committee meeting is in September. For more information, contact mhsa@buttecounty.net • The loan repayment and educational stipend award announcements will be going out soon. • Cycle 2, for more applications, is anticipated to open October 1, 2022. • This will be the first time that Peer Specialist Scholarships will be offered for those not successful with obtaining a CalMHSa scholarship. • The Department of Health Care Services (DHCS) will be conducting a MHSa program review in January 2023. • The last review was in 2019 and we have worked over the last couple of years to resolve the plan of correction for any deficiencies related to that. • The review is scheduled to begin January 31, 2023. 	
<p>13. Director’s Report, Scott Kennelly</p> <ul style="list-style-type: none"> - Health Reminder - Incarceration Report 	<ul style="list-style-type: none"> • Reminder to anyone working with clients or anyone on any psychotropic medication, please try to stay out of the intense heat due to the adverse effects of not being as able to regulate the body’s internal temperature. • There has been an increase in Crisis Services and people seeking services due to the heat. • The Incarceration Report is created by the Systems, Performance, Research and 	

Behavioral Health Advisory Board Minutes

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<ul style="list-style-type: none">- Everhart Village - External Quality Review Organization (EQRO) - Staffing	<p>Evaluation Team each month and provided to the BHAB.</p> <ul style="list-style-type: none">• The Incarceration report was reviewed and Behavioral Health clients made up 7% of the total jail population for July 2022.• The numbers remain pretty consistent month-to-month.• This information has been provided for the last year and it's not clear if it's still needed on a monthly basis.• Kyle suggested it may only be needed quarterly or even semi-annually. <ul style="list-style-type: none">• Everhart Village Community Forum this evening at 6:00pm for input and questions regarding the project.• CHAT will begin placing the sleeper cabins on the property. <ul style="list-style-type: none">• The department just got done with the EQRO audit.• Their initial feedback was that they are very impressed with Butte County and how far ahead we are with data tracking and using data to inform programs and in making changes.• Thank you to the teams and contractors involved in this process. <ul style="list-style-type: none">• There are several staff are leaving the department, which is a huge loss.<ul style="list-style-type: none">○ Ana Vicuna, Assistant Director, is leaving to move to Southern California with family. She has worked in the public sector for 26 years between Butte County and Santa Barbara County.○ Geoff Davis, previous BHAB Secretary, is retiring and is wished well.	
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	<ul style="list-style-type: none">○ Bianca Wilson, Clinical Training Coordinator Supervisor, has accepted a position with Chico State.○ Mart Brown, Compliance Officer, is leaving to join County IS as their Assistant Director.● There has been concern with how everything is going to be covered but adjustments are being made.<ul style="list-style-type: none">○ Jenn Stofa will be moving to Outpatient Services.○ Melody Robinson will be the Interim Assistant Director over Crisis, SUD, Prevention, and the PHF.○ Reidun Waddell will be the Interim Program Manager over Crisis.● There has been an increase in people leaving due to the class and compensation study results which have negatively had an impact on salaries.● Question regarding remote work was posed. BH has tried, in several cases, to allow for this over the last couple of years and some have been more successful than others. The Change Team has made this recommendation so it is being reviewed again. Some positions, however, cannot work remotely.	
14. Public Comments	<ul style="list-style-type: none">● CAMHPRO has received a SAMHSA grant and is now based in Chico and is hiring.	
15. Adjournment	<ul style="list-style-type: none">● Board members and audience are welcomed to attend the next Executive Committee meeting on 9/1/2022 at 11:00 am.● Meeting adjourned at 4:23pm.	