

# Behavioral Health Adult Services

Call 1-800-334-6622

Substance Abuse Assessment and Treatment  
Including Community Provider Referrals & Information

## Behavioral Health Alcohol and Drug Services:

- Services located in Oroville, Paradise, Chico, and Gridley
- Outpatient substance abuse assessment and treatment
  - ❖ **Basic Awareness** – 4 to 6 week group that assists individuals in making a decision of whether they have an addiction problem and whether they are ready to work on their recovery.
  - ❖ **Initial Recovery** –12-week educational group designed for individuals new to recovery, develop an understanding of the addiction process, and learn tools to deal with triggers and cravings.
  - ❖ **Relapse Prevention/Sobriety Maintenance** –12-week group for individuals with an understanding of the recovery process, which provides a safe environment to discuss ongoing life issues that threaten their recovery and guidance around preventing relapse.
- Information and referral to community providers & self-help groups
- In-home alcohol detoxification
- HIV/AIDS Prevention education

## Community Provider Referrals:

- Residential Services
  - ❖ 30 – 90 day inpatient substance abuse treatment
- Intensive Outpatient Services
  - ❖ Outpatient 3-hours per day group treatment, from 3-5 days per week
- Alcohol and Drug Free Housing
  - ❖ Provides a safe and sober living environment for individuals in recovery
- Self-Help Groups
  - ❖ AA/NA – Alcoholics & Narcotics Anonymous, Alanon – Family members

For more information: <http://www.butte-dbh.org>