

## SHIP

We're here for you!  
(530) 538-2890  
82 Table Mountain Blvd. Suite 20  
Oroville, CA 95965

### Additional Resources for Seniors

PASSAGES Adult Resource Center  
(530) 898-5923 or (800) 822-0109

Adult Services Division—Butte  
County Dept. of Employment & So-  
cial Services  
538-7538 or (800) 664-9774

Community Action Agency of Butte  
County - Senior Nutrition Programs  
(530) 534-5859

Legal Services of Northern  
California - Senior Legal Hotline  
(800) 222-1753

Peg Taylor Center for Adult Day  
Health Care  
(530) 342-2345

Alzheimer's Association of Northern  
California  
(530) 895-9661 or (800) 272-3900

### Goal

The goal of the Senior Health Improvement Program (SHIP) is to promote and enhance healthy lifestyles among Butte County seniors.

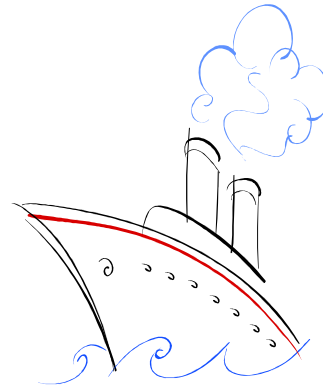
## SHIP

82 Table Mountain Blvd., Suite 20  
Oroville, CA 95965  
Phone: 530-538-2890  
Fax: 530-538-5279  
[www.buttecounty.net/publichealth/nursing/  
ship.html](http://www.buttecounty.net/publichealth/nursing/ship.html)  
Email: [cvelador@buttecounty.net](mailto:cvelador@buttecounty.net)  
[tdorenzo@buttecounty.net](mailto:tdorenzo@buttecounty.net)  
[cvincent@buttecounty.net](mailto:cvincent@buttecounty.net)

Butte County Public  
Health Department



## Senior Health Improvement Program



Public Health Nursing  
Butte County Public Health  
Department

(530) 538-2890

# SHIP

## Education

Our education programs promote preventative health care practices and encourage healthy behaviors among older adults in our community.

Our Public Health team is available to work with you or your group to develop a presentation or screening on a variety of senior health topics such as:

- Medication management
- Nutrition
- Getting the most from your doctor appointments
- How to manage chronic health issues
- General senior health needs
- Vaccinations
- Osteoporosis
- Depression
- Hypertension
- Injury Prevention



## Home Visiting

Our staff is able to assist seniors, 65 or older, who live in the Oroville area and have non-emergent needs. The senior or their caregiver should be able to participate in a plan for meeting the senior's needs.

Our S.H.I.P. staff can provide:

- A comprehensive assessment of the senior's needs
- Consultation and referral for health concerns
- Assistance with access to medical and community services
- Education on individual health concerns



## Hoarding

Are you or someone you know experiencing two or more of the following:

- Having great difficulty discarding objects that most other people would consider of limited value
- The amount of belongings are interfering with one's safety and use of rooms in the home
- Continuing to collect and save items even when the home is full
- Efforts to stop collecting, organizing or discarding belongings has been unsuccessful

Our staff can:

- Provide information and resources about compulsive hoarding
- Assist with seeking access to medical and mental health care
- Come to the home and assist with developing a plan to make the home functional and safe again

**HELP IS AVAILABLE!**

