

METHAMPHETMINE UPDATE

Set of Relevant Questions

The hope has been that this column would include stories from recovering addicts, but how to gather them has been a question. An idea has come to mind that may bear fruit. The idea is to develop a set of relevant questions to guide prospective volunteers in the sharing of an anonymous personal story about life before and after remission.

The questions will be prompts to help a person identify events or situations that may have contributed to the development of the disease. The questions will also help a person describe the devastation, what facilitated the motivation to change, how they turned it around, and how their new life compares to active addiction. Stories such as these have the potential to provide valuable insights for those who are contemplating a new life.

With many Methamphetamine Strike Force members being involved in treatment, case management or the administration of programs, the resources for these inquiries may be close at hand. It is also possible that a recovering person may read this column and decide they would like to participate by contributing a story of their own. This can be done by sending a self addressed stamped envelope to:

My Story
2145 Fifth AVE.
Oroville, CA 95965

You will be sent a copy of the questions with instructions for submission. Submissions may be edited for taste and clarity, and a final draft may be viewed for your approval if requested. Last names will never be used, and stories may be submitted using a fictitious first name. There is a saying in recovery circles that you can't keep recovery without giving it away; this is an opportunity to do just that.