September: Medicine Kit Supplies

TASK: Collect the suggested prescription and non-prescription supplies below and inventory current prescription(s) used by your household members. Be sure to update the list periodically.

Supplies	
Aspirin and non-aspirin pain reliever	☐
Antihistamines	☐
Anti-diarrhea medication	☐
Antacid (for stomach upset)	☐
Laxative	☐
Vitamins	☐
Prescriptions	☐
Extra eyeglasses/contact lenses	☐

Prescriptions, Current:

Household Member Name	Rx