

# Do you feel sick?



**You may have the flu if you have fever or chills  
AND  
a cough or sore throat**

**You may also have a runny nose, body aches,  
a headache, tiredness, diarrhea, or vomiting**

**If you think you have the flu,  
tell your supervisor and stay home,  
except to get medical care.**

**FOR MORE INFORMATION:** Visit Butte County Public Health at <http://www.buttecounty.net/publichealth> for local information/resources on seasonal and/or pandemic H1N1 flu.

**Information Line: 1-866-444-2405**

