

Young Parents Support Services

Northern Valley Catholic Social Services

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There are three components to Young Parent Support Services. Young parents (to age 24) with children 0-5 may participate in any combination of the following services:

In-Home Parenting Classes

Sessions teach parents about age-appropriate discipline, play activities and how they relate to bonding and brain development.

Mental Health Counseling

Individual counseling is available to young parents attending Fairview and Prospect High Schools, participating in TAPP/Cal-learn and the Father's Group.

Young Father's Support Group

Volunteer Father Mentors, in conjunction with a certified parent educator, teach young fathers about parenting skills, anger management and self-sufficiency skills.