

# **Teaching Recovery and Care for Kids (TRACK) Skyway House**

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An issue facing pregnant women and mothers of young children is what happens to their children when they need residential drug and alcohol treatment. TRACK is the answer. Children of drug and alcohol dependent women may live with their mothers during TRACK's 90-day residential treatment program. TRACK program components include:

- Drug and alcohol treatment and case management
- Group and individual counseling
- Interactive parenting classes
- Infant & toddler preschool activities
- Life skills classes
- Referrals for medical case management, STD education, breastfeeding education and support, smoking cessation programs, and infant and family nutrition classes
- Nine-months of post-treatment case management