

Section F: Local Evaluation

Executive Summary

Grant Awarded to: Skyway House
Program Name: Teaching Recovery and Care for Kids (TRACK)
Funded By: Butte County Children and Families Commission
Report Date: September 14, 2005

Program Components

- 90-day Residential Treatment Facility for pregnant and parenting women.

Desired Results

- During the three-year period, 18 women will successfully complete the 90-day residential treatment program known as TRACK.
- During the three-year period, at least 18 babies in the TRACK program will be born free from substance exposure.
- Upon completion of the residential program, 18 mothers and their families will have a safe, clean, substance-free place to live.

Evaluation Results

Seven mothers entered and successfully completed the TRACK 90-day residential treatment program. Of the four mothers who were pregnant upon entering the program, one delivered an infant while in residential treatment and three delivered while in aftercare. These four infants were born free of alcohol or drugs. All of the infants born to mothers in the program had high APGAR scores. Denver Developmental Screening Tests revealed normal development for the children's age. One child revealed cause for concern upon a second test; this family relocated and the public health nurse referred the family to another public health nurse in the family's new community.

When asked for feedback about the program, all mothers indicated they liked the organization of the facility and meetings, their meals were balanced and nutritious, felt staff believed they could overcome their addiction, felt better about their parenting skills, and were helped to understand their addiction. Mothers felt that as a direct result of their participation in TRACK they can deal more effectively with their problems, deal with a crisis, be a better parent, and understand their addiction and how to deal with relapse. Mothers gave high ratings (excellent) to the 17 services or classes listed on the evaluation form.