

SKYWAY HOUSE TEACHING RECOVERY AND CARE FOR CHILDREN (TRACK)

Residential Treatment (90 days)

TRACK staff develops Treatment plans for each woman
Case management is provided (minimum of 12 weekly meetings)

BCCFC Funded Activities

Interactive Parenting Classes - (60 classes)
Assessment done at intake, 45 days and exit

Infant & Toddler Pre School Activities
(48 classes while mothers are in treatment classes) No assessment

Compass Group -Life Skills Class
(16 classes) Assessment done at intake and exit

Life Skills Class members will complete a community improvement project
(Once a quarter)

Process Group - (12 classes) TBD

Other Services Women Receive

Women will be referred to Public Health for on-going medical case management delivered as needed

Women will be referred to the American Lung Association's Smoking Cessation Class

AIDS, HIV, STD Education
(Once a quarter) including access to HIV testing

Breastfeeding Education & Support

Infant & Family Nutrition Class (Offered 2 times a month.)

Post Treatment Case Management Services (Aftercare) Up to nine months

1st Three Months
Case managers will offer face-to-face meetings twice a month

2nd Three Months
Case managers will attempt face-to-face meetings twice a month

3rd Three Months
Case managers will be in phone contact once a month

One-year Follow-up

Case managers will conduct a face-to-face interview with residents regarding their sobriety and their work within the recovery community one year after residents' completion of the aftercare phase

Evaluation:

- Self-Rating at Intake questionnaire is completed after admission to the program
- The Evaluation of Self and Treatment questionnaire is completed 60 days after admission
- The Client Satisfaction Survey is completed at exit
- Toxicology results of newborns is reported yearly.