

Mothers Stroll

Growing healthy babies and families.

Saturday, May 5
9:30 to 11:30 a.m.
DeGarmo Park
Chico

RSVP at
www.enloe.org/events

*First 200 participants will
receive a Mothers Stroll
water bottle.*



Building Strong Families

Participating agencies include:

- Babywearing International of Chico
- Butte Child Abuse Prevention Council
- Butte County Public Health
- Enloe Medical Center
- Hmong Cultural Center of Butte County
- Northern Valley Catholic Social Service
- And More!

In recognition of Maternal Mental Health Awareness month, join Mothers Strong and representatives from agencies throughout the community as we celebrate growing healthy babies and families.

The goal of the Mothers Stroll is to bring families together to raise awareness and provide support for moms affected by perinatal mood and anxiety disorder, also known as postpartum depression.

This FREE event celebrates parenthood in all forms in fun and engaging ways.

- Have fun with music, face painting, yoga and prizes!
- Browse through booths offering information about community resources available to support moms and their family.
- Enjoy a relaxing stroll around DeGarmo Park, connecting with moms, dads, grandparents and caring members of the community.

Be sure to bring dad and the kids, grandparents and friends.