

MENTAL HEALTH PEER SUPPORT

Peer Support Specialists are available for:

Except for holidays

- *live chat*
- *self-help support groups*
- *resources*



Monday through Friday
11 a.m. to 1 p.m.



Join in by phone, computer or other device at:

Zoom ID: 809-274-979

<https://us04web.zoom.us/j/809274979>

Phone only, call: (720) 707-2699 or (346) 248-7799