

**IMPACT WEAPONS FOR BUTTE COUNTY SHERIFF'S OFFICE
FOUR HOUR UPDATE**

4-4-17 revision

I. Departmental Orders

1. Use of Force
 - A. Read to the class by the class or instructors
 - B. Discuss in detail, the departments philosophy and ethics in the use of force.

2. Impact Weapons
 - A. Read to the class by the class or instructors
 - B. Discuss in detail, the deputies responsibility to provide first aid, and or medical care after deploying an impact weapon or personal body weapons.

II. Documentation, Target and Non-target areas and Impact Weapons Markings

1. Non Target area (exception for deadly force)
 - A. Head, can cause excessive bleeding, shock and or death

2. Areas to avoid when possible
 - A. Throat, can cause severe swelling of the trachea and ultimately suffocation and or death
 - B. Groin, if not fatal can cause serious injury
 - C. Spine, can cause serious injury, paralyzing damage and or death
 - D. Kidneys, can cause permanent injury and or death
 - E. Xyphoid process /sternum, although extremely effective can cause death
 - F. Heart, can cause extreme muscle damage, often fatal if struck with force

3. Effective Target areas
 - A. Collarbones, elbows, forearm, knees, shins, hands, ribs, and generally any location where skin is close to the bone

4. Impact Weapon Markings – Impact weapons don't always leave a mark however when they do the marks are very distinctive.
 - A. Impact weapons will never leave an abrasion
 - B. A mark caused by an impact weapon will heal from the outer edge in
 - C. The stripping or blood splatters from and impact weapon travel back toward the source

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5. A Police impact weapon injury should be clear in the center of the injury, if not the injury was not caused by a police impact weapon
6. Impact Weapon Markings can tell you:
 - A. If the strike came from the right or the left
 - B. If the suspect was facing officer or facing away from the officer when struck
 - C. The approximate body posture of the suspect at the time the strike was delivered
 - D. The number of times the suspect was struck
 - E. The portion of the impact weapon that struck the suspect
 - F. May prove or disprove officers or suspects account of what occurred
7. Documentation
 - A. Any impact weapon use should be documented utilizing photographs (if possible obtain follow up photos also) medical documentation and a full report of the incident as per Butte County Sheriff's Office policy, in addition document the suspects actions (body posture etc) statements as well as your actions prior to during and after the incident
 - B. Proper documentation and report writing procedures as it relates to California law and Butte County Sheriff's Office policy is required
 - C. All suspects who are struck with an impact weapon shall be medically cleared by either Enloe, Oroville, Feather or Gridley hospitals
8. Nomenclature of impact weapons authorized for use by used by BCSO
 - A. Straight Baton (Standard)
 - B. Expandable Baton
 - C. Short Baton (Plain clothes assignments only)

III. Discussion and demonstration of the four strike zones and strikes

1. Zone one
 - A. Top of shoulders down to fingertips when hands rest at sides
2. Zone two
 - A. Top of waist down to the ground

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3. Zone three
 - A. Downward cross-body figure "8" strike intended to strike body parts or objects extending between you and target
4. Zone four
 - A. Upward cross-body figure "8" strike intended to strike body parts or objects extending between you and target

IV. Warm-up exercises (May vary from one training to the next)

V. Practical Application (Simulated field use using striking bags)

1. One handed strikes to Zones 1,2,3,4 (forehand and backhand)
 - A. Emphasis on technique
2. Two handed strikes to Zones 1,2,3,4 (forehand and backhand)
 - A. Emphasis on technique
3. One and two handed jab strikes with appropriate impact weapons
 - A. Emphasis on technique
4. Combination strikes
 - A. Emphasis on transitions and technique mixing
5. Baton retention
 - A. Emphasis on technique
6. Personal body weapons
 - A. Palm heel strike
 - B. Front kick
 - C. Extended side knee lift kick
 - D. Back fist and bottom fist strikes