

# Safe at Home Safety Checklist

## Infants: 7-12 months old

What can your baby do at 7 months? Your infant may begin to scoot across the floor or even start to crawl. Your baby can support their weight on their legs and may start to pull up on furniture. Your baby can reach out with one hand, transfer objects from one hand to another and bring everything to their mouth. Your baby will also learn to sit up, crawl, pull up on furniture, walk around furniture and possibly begin to walk before they have their first birthday. Your baby's hand eye coordination will improve and their ability to reach and grasp items will become well defined. Your baby will become more independent and will start to feed themselves. Your infant is very aware of their surroundings and will start to imitate your actions.

### SAFE IN A CAR

Date	
	My baby <b>ALWAYS</b> rides in a federally approved <b>safety seat</b> that has been installed properly, in the back seat, in a <b>rear-facing position</b> .
	My baby is <b>NEVER left alone</b> in the car, or alone with other children, not even for a minute.

### SAFE FROM FALLS

Date	
	I use safety gates on stairways and doors.
	I use window locks to keep windows from being opened more than 4 inches.
	I do not use a baby walker.
	The crib's <b>mattress has been lowered</b> to prevent my baby from climbing over the rails and the sides of the crib are <b>ALWAYS</b> pulled up.
	My baby is <b>never left alone</b> on any surface above the floor.

### SAFE FROM BURNS

Date	
	My baby is <b>NEVER</b> held by anyone who is smoking, cooking or holding a hot drink.
	Baby's bottle is not heated in a microwave, it will heat unevenly.
	The temperature of bath water is <b>ALWAYS checked</b> before giving a bath.
	There are working smoke detector(s) in my house.

### SAFE FROM CHOKING

Date	
	Small objects such as safety pins, coins, etc. are out of my baby's reach.
	Everything my baby eats is soft or cut into very small pieces. My baby <b>does not</b> eat while moving around the house.
	Plastic bags, balloons or wrappers are out of my baby's reach.

### SAFE FROM POISONING

Date	
	All medicines, cleaning fluids, etc. are out of the reach of my infant.
	Cabinets, drawers, doors, electric outlets have safety devices.
	Poison Control number is near the phone. 1-800-222-1222
	I know infant CPR.

### SAFE FROM DROWNING

Date	
	My baby is <b>NEVER left ALONE</b> during a bath and bath is drained after use.
	My baby is <b>NEVER left alone</b> outside. Pools are fenced, buckets are emptied.