



What you need to know about

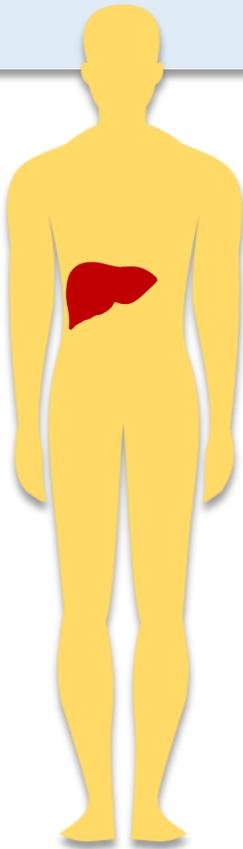
# Hepatitis A

## What is Hepatitis A?

Hepatitis A is a liver infection caused by the Hepatitis A virus. Hepatitis A is usually spread when the virus is taken in by mouth from contact with objects, food, or drinks contaminated by the feces (or stool) of an infected person. Hepatitis A can cause liver disease that may be mild and last only a few weeks or may be serious, lasting many months. Rarely, people can die because of Hepatitis A.

## How Does Hepatitis A Spread?

Most commonly, through contact with an infected person's stool (feces), even in microscopic amounts, found on objects, food, or water. Also, having sex with someone who has Hepatitis A



## What Are the Symptoms of Hepatitis A?



**Fever**



**Fatigue**



**Nausea**



**Loss of appetite**



**Jaundice  
(yellowing of the  
skin or eyes)**



**Stomach pain**



**Vomiting**



**Dark urine, pale  
stools, and  
diarrhea**

If you think you have Hepatitis A because of these symptoms, see your doctor or visit the closest Emergency Room.

## How Can You Protect Yourself From Hepatitis A?

- Always wash your hands with soap and water after going to the bathroom and before preparing food
- Don't share food, drinks, or smokes with other people
- Practice safe sex every time and don't have sex with someone who has Hepatitis A infection
- Use your own towels, toothbrushes, and eating utensils
- Check with your health care provider about Hepatitis A vaccine. Note: Hepatitis A vaccine is recommended based on person's risk factors and may be prioritized for highest risk patients during outbreaks.