



Public Health Administration

Danette York, M.P.H., Director
Robert Bernstein, M.D., Health Officer

202 Mira Loma Drive
Oroville, California 95965

T: 530.552.4000
F: 530.538.2164

buttecounty.net/publichealth

FOR IMMEDIATE RELEASE
October 6, 2020

Public Health Encourages Residents to Get Flu Vaccinations by Halloween

BUTTE COUNTY, Calif. – With the overlap of COVID-19 and flu season this fall and winter, Butte County Public Health (BCPH) encourages residents to get an annual influenza (flu) vaccination to reduce the chance of getting the flu and spreading it to others.

Flu activity often begins to increase in October and typically peaks between December and February, although activity can last as late as May. Since it takes about two weeks for the flu vaccination to provide protection, the CDC recommends getting your flu shot before the end of October.

“We know that both viruses are out there, circulating in the community. Therefore, residents should take extra precautions this year to protect their health by getting a flu shot while continuing to follow the non-pharmaceutical measures to prevent the spread of illness. Getting the flu can greatly impact your immune system, making you more susceptible to other illnesses, including COVID-19,” explained Dr. Robert Bernstein, Butte County Public Health Officer.

Flu vaccination is recommended for everyone six months of age and older, but is particularly important for those at higher risk of severe influenza, including pregnant women, children under five years of age, older adults, and people with certain underlying medical conditions such as diabetes, obesity, asthma, and heart disease.

You can safely get a flu vaccine at multiple locations including your doctor’s office, your local pharmacy or by visiting one of the FREE drive-thru community flu shot clinics:

FREE Drive-thru Flu Shot Clinics			
Sponsored By	Location	Date	Time
Oroville Hospital	Dove’s Landing Parking Lot: 2450 Oro Dam Blvd.	October 7, 15, 21, 29	9:00 am to 2:00 pm
Orchard Hospital	Medical Specialty Center: 284 Spruce St.	October 8	3:00 pm to 7:00 pm

Additional community flu shot clinics may get scheduled in the coming weeks. Residents can check the BCPH website for updates: www.buttecounty.net/flu

A person with flu may be contagious and infect others before they even feel sick. People with severe symptoms should contact their healthcare provider. Symptoms of the flu include:

- Fever
- Cough
- Sore throat
- Runny or stuffy nose

- Body aches
- Headaches
- Fatigue

In addition to getting your annual flu shot, to stop the spread of flu, COVID-19 and other respiratory illnesses, you should also:

- Wear a face covering when in public
- Keep at least six feet away from others
- Wash your hands often
- Stay home if you are sick
- Cover your coughs or sneezes with your sleeve or a disposable tissue
- Avoid touching your eyes, nose or mouth

To learn more about the flu, visit: www.buttecounty.net/flu

###