



Public Health Administration

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HEALTH DEPARTMENT ANNOUNCES FIRST CONFIRMED COVID-19 IN BUTTE COUNTY *URGES RESIDENTS TO HEED STAY AT HOME ORDER*

BUTTE COUNTY, Calif. – Butte County Public Health (BCPH) has received lab confirmation of one case of COVID-19 in a Butte County resident. It is still unknown how this person was exposed to the virus. An investigation is ongoing to learn more about possible travel or close contact exposure.

This marks the first confirmed case of COVID-19 in Butte County. The individual is an adult over 65 years old with a chronic medical condition. This person is experiencing a mild illness and is self-isolating at home.

The infected person resides at home with a family member, who will be under a 14-day quarantine and monitored daily by BCPH Communicable Disease staff.

Stay at Home Order

Butte County residents must continue to follow the shelter at home order issued by California State Governor, Gavin Newsom, on Thursday, March 19th. This includes canceling all non-essential activities and services and all social, professional, or community-based gatherings. If you must leave your home to seek essential services, such as gas, food, medical care, or essential work, keep at least 6 feet of distance from others.

“In order to protect the health and wellbeing of all Butte County residents and to decrease impact on critical healthcare services, if you are sick with mild symptoms, please isolate at home,” urges Dr. Andy Miller, Butte County Health Officer. “If you develop severe symptoms, call your medical provider immediately.”

People with mild symptoms, who are not sick enough to be hospitalized, do not need to be tested and should self-isolate at home. These people should:

- Avoid close contact with others
- Stay home for at least seven days from the start of symptoms, AND
- Stay home at least 72 hours after fever is gone, AND
- Stay home until respiratory symptoms have improved (coughing/sneezing)

How Can People Protect Themselves:

In addition to following the stay at home order, the best way to prevent the spread of respiratory illness is to practice good hygiene:

- Washing hands with soap and water.
- Stop touching your face, including: eyes, nose, or mouth.
- Stay away from people who are sick.
- Stay home if you are sick, especially from work, school, and public places.
- Clean and disinfect frequently touched objects and surfaces

Butte County residents who are at higher risk for serious illness from COVID-19 should take steps to reduce their risk. This includes:

- Older adults
- Individuals with compromised immune systems
- Individuals with serious chronic medical conditions like: heart disease, diabetes and lung disease

If you are at higher risk for serious illness from COVID-19, in addition to good hygiene, it's important to take actions to reduce your risk of getting sick, including:

- Avoid close contact with sick people and stay away from large gatherings and crowds.
- Stay home as much as possible. Consider ways of getting food brought to your house through family, social or commercial networks.

Always check with trusted sources for the latest accurate information about novel coronavirus:

- [Butte County Public Health](#)
- [California COVID-19 Website](#)
- [The Center for Disease Control and Prevention \(CDC\)](#)

Butte County residents call also call 2-1-1 or text your zip code to 898211 for COVID-19 information and updates.

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