

## Mental Health Services

- **Centers for Disease Control & Prevention:** Get information on treating and managing symptoms of anxiety and depression.
  - [www.cdc.gov/childrensmentalhealth/depression.html](http://www.cdc.gov/childrensmentalhealth/depression.html).
- **Crisis Intervention Toll Free Line:**
  - 800-334-6622
- **Crisis Text Line:** If you need help, text “LISTEN” to 741741
- **Local Crisis Intervention Line:**
  - 530-891-2810
- **Northern Valley Talk Line:**
  - 855-582-5554
- **Rape Crisis Line:**
  - 530-342-7273

### Chico:

- **Brislain Learning Center:** Assessment, evaluation, diagnosis of learning, and attention disorders. Marriage, family, and child counseling.
  - 2545 Ceanothus Ave., Ste. 130, Chico, CA 95973
  - 530-342-2567 x4
- **Butte County Behavioral Health:** Counseling, assessment, diagnosis, and treatment for mental illness, substance dependency, and/or dual diagnosis treatment.
  - 592 Rio Lindo Ave., Chico, CA 95926
  - 530-891-2775
- **Butte County Behavioral Health Chico Community Counseling Center:** Counseling.
  - 109 Parmac Rd., Ste. 1, Chico, CA 95926
  - 530-891-2945
- **California Work Opportunity and Responsibility to Kids (CalWorks):** Counseling and treatment services for mental illness or substance dependency challenges; that prevent people from being able to work.
  - 560 Cohasset Ave., Chico, CA 95926
  - 530-891-2784
- **Catalyst Domestic Violence Services:** Support groups, counseling, restraining orders, and more.
  - 330 Wall St., Suite 50, Chico, CA 95928
  - 530-343-7711
  - Crisis Help: 1-800-895-8476
- **Counseling Solutions:** Counseling.
  - 130 Yellowstone Dr., Suite 110, Chico, CA 95973
  - 530-879-5991

- **Far Northern Regional Center:** Provides services to infants and toddlers who are showing a delay in their development. Referrals for individuals with developmental disabilities and their families.
  - 1377 East Lassen Ave, Chico, CA 95973
  - 530-895-8633
- **Iversen Wellness and Recovery Center:** Provides various activities and levels of participation groups, support groups, assistance with work, develop skills, etc.
  - 492 Rio Lindo Ave., Chico, CA 95926
  - 530-879-3311
- **Northern Valley Catholic Social Services (NVCSS):** Low-cost or free counseling and support services. Mother's Well Program and counseling for women who have challenges after birth, such as anxiety.
  - 10 Independence Circle, Chico, CA 95973
  - 530-345-1600
- **Northern Valley Catholic Social Services (NVCSS) Adult Group:** Provides a free mutual support group, focusing on a variety of mental illness and wellness topics. Topics include personal and emotional improvement, communication skills and parenting support.
  - 1290 Notre Dame Bld., Chico, CA 95926
  - 530-345-1600 ext. 2111
  - Wednesdays, 10:00 am-11:00 am
  - Group offered in Spanish
- **Northern Valley Indian Health:** Mental illness services.
  - 845 E. East Ave., Chico, CA 95926
  - 530-896-9400, option 7
- **Northern CA Therapy Services:** Counseling, substance dependency, and domestic violence. Accepts Medicare, Medi-Cal.
  - 1453 Downer St., Ste A, Chico, CA 95973
  - 530-809-2620
- **Rape Crisis Intervention Center and Prevention:** Free counseling.
  - 2889 Cohasset Rd. #2, Chico, CA 95973
  - 530-891-1331
- **Shalom Free Clinic:** Mental and behavioral health counseling.
  - 1010 Mangrove Ave., Suite D, Chico, CA 95926
  - 530-342-2445
- **Stonewall Alliance Center:** Outreach to LGBT\*Q+ youth and young adults. Provides information, education, support in prevention of suicide, and suicide risk.
  - 358 East 6<sup>th</sup> St., Chico, CA 95928
  - 530-893-3336
- **Support, Employment, Assistance, Recovery, Consumer Housing (SEARCH):** For people who are homeless or at risk of homelessness due to mental illness. Will get mental illness services, linked to the Housing Authority of Butte County, Department of Rehabilitation, and more.

- 560 Cohasset Ave., Chico, CA 95926
- 530-891-2784
- **The Growing Place:** Counseling center for mental illness education, life coaching, etc.
  - 1074 East Ave., Suite A-4, Chico, CA 95926
  - 530-588-0448
- **Victor Community Support Services:** Programs and support for children, youth, young adults, and families.
  - 1360 East Lassen Ave., Chico, CA 95973
  - 530-267-1700

## Gridley:

- **Gridley Community Counseling Center:** Counseling, assessment, diagnosis, and treatment for mental illness, substance dependency, and/or dual diagnosis treatment.
  - 995 Spruce St., Gridley, CA 95948
  - 530-846-7305
- **Northern Valley Catholic Social Services (NVCSS):** Low-cost or free counseling and support services.
  - 996 Spruce St. #A, Gridley, CA 95948
  - 530-846-6175
- **Northern Valley Catholic Social Services (NVCSS) Adult Group:** Provides a free mutual support group, focusing on a variety of mental illness and wellness topics. Topics include personal and emotional improvement, communication skills and parenting support.
  - 1560 Hazel St., Gridley, CA 95948
  - 530-345-1600 ext. 2111
  - Tuesdays, 10:00 am-11:00 am
  - Group offered in Spanish

## Oroville:

- **African American Family & Cultural Center:** Provides a free support group for those who are experiencing grief, loss, anger, and bereavement of any type.
  - 3300 Spencer Ave., Oroville, CA 95966
  - 530-532-1205
  - Call for a schedule.
- **Butte County Behavioral Health:** Counseling, assessment, diagnosis, and treatment for mental illness, substance dependency, and/or dual diagnosis treatment.
  - 18 County Center Dr., Oroville, CA 95965
  - 530-538-7705
- **California Work Opportunity and Responsibility to Kids (CalWorks):** Counseling and treatment services for mental illness or substance dependency challenges; that prevent people from being able to work.
  - 2430 Bird St., Oroville, CA 95965

- 530-538-7277
- **Catalyst Domestic Violence Services:** Support groups, counseling, restraining orders, and more.
  - 1931 Arlin Rhine Memorial Dr., Oroville, CA 95965
  - 530-532-6427
  - Crisis Help: 1-800-895-8476
- **Feather River Tribal Health:** Counseling and anger management, must be registered. The co-ed anger management course is for six (6) weeks. No fee for Native American clients, \$40 for Non-Native American clients.
  - 2145 5<sup>th</sup> Ave., Oroville, CA 95965
  - 530-534-5394
- **Northern Valley Catholic Social Services (NVCSS):** Low-cost or free counseling and support services.
  - 2185 Baldwin Ave, Oroville, CA 95966
  - 530-538-8221
- **Support, Employment, Assistance, Recovery, Consumer Housing (SEARCH):** For people who are homeless or at risk of homelessness due to mental illness. Will get mental illness services, linked to the Housing Authority of Butte County, Department of Rehabilitation, and more.
  - 18 County Center Dr., Oroville, CA 95965
  - 530-538-7705

## Physical Health Services

- **AMPLA Health:** Medical, dental, and mental illness services. Accepts Medi-Cal and Medicare.
  - Health Center Locations:
    - **CHICO** – 680 Cohasset Rd., Chico, CA 95926, 530-342-4395
    - **GRIDLEY** – 520 Kentucky St., Gridley, CA 95948, 530-846-6231
    - **OROVILLE** – 2800 Lincoln Blvd., Oroville, CA 95966, 530-534-7500
  - Dental Clinic Locations:
    - **OROVILLE** – 2800 Lincoln Blvd., Oroville, 95966 530-533-6484
    - **CHICO** – 236 W. East Ave, Ste. H, Chico, 95926 530-342-6065
- **Butte County Public Health:** Free family planning services, immunizations, etc.
  - **Chico Clinic:** 695 Oleander Ave., Chico, CA 95926, 530-879-3665
  - **Oroville Clinic:** 78 Table Mountain Blvd., Oroville, CA 95965, 530-538-7341
- **California Dental Association:** Dental information for families and individuals in the “Public Resources” section online.
  - 1-800-232-7645

- [www.sda.org](http://www.sda.org)
- **Medi-Cal:**
  - **Chico:** 2445 Carmichael Dr., Chico, CA 95928, 530-895-4364
  - **Oroville:** 78 Table Mountain Blvd., Oroville, CA 95965, 530-538-7301
- **Medicare Access for Infant and Mothers Program:** Low-cost insurance program for pregnant women who do not qualify for Medi-Cal and do not have private insurance.
  - 1-800-433-2611
  - [www.aim.ca.gov](http://www.aim.ca.gov)

## Chico:

- **Access Dental:** Offers discounted services for those without insurance.
  - 1010 Mangrove Ave., Suites A/A, Chico, CA 95926
  - 530-342-7500
  - [www.accessdental.com](http://www.accessdental.com)
- **AMPLA Health Chico Dental:** Offers a sliding scale program for people without insurance.
  - 236 W. East Ave., Ste. H, Chico, CA 95926
  - 530-342-6065
  - [www.amplahealth.org](http://www.amplahealth.org)
- **Better Babies Nursing, Inc. A Prenatal Center:** Prenatal support services for women eligible for Medi-Cal: pregnancy test, prenatal vitamins, nutrition, health education, breastfeeding, and parenting classes.
  - 572 Rio Lindo Ave., Ste. 207, Chico, CA 95926
  - 530-894-5585
- **Birthright:** 24-hour hotline, pregnancy tests, doctor appointments, baby clothing, maternity clothes, transportation, and counseling.
  - 778 East Ave., #D, Chico, CA 95973
  - 530-345-9711 or 1-800-550-4900
- **California Health Collaborative:** Breast and cervical cancer screening referrals for low-income and/or uninsured.
  - 25 Jan Court #130, Chico, CA 95928
  - 530-345-2483
- **Chico Pediatric Dentistry:** For children, infants through age 12 (accepts new patients to age 11). Also serves youth, teens, and adults with special needs.
  - 2775 Esplanade, Chico, CA 95973
  - 530-893-4044
  - [www.chicopediatricdentistry.com](http://www.chicopediatricdentistry.com)
- **Children's Health Center NVIH:** Healthcare services for community members.
  - 277 Cohasset Rd., Chico, CA 95926
  - 530-712-1440
- **CSU Chico Gender & Sexuality Equity Center:** Women and LGBT\*Q+ resource information, referrals, and free birth control.

- 400 W. 1<sup>st</sup> St., Chico, CA 95929, BMU 005
- 530-898-5724
- **La Leche League of Chico:** Information and support for pregnant and breastfeeding women, phone counseling, and monthly meetings. Call for meeting times.
  - 530-487-4109
  - [www.llusa.org](http://www.llusa.org)
- **Northern Valley Indian Health:** Offers sliding scale for those without insurance.
  - 845 W. East Ave, Chico, CA 95926
  - 530-896-9400
  - [www.nvih.org](http://www.nvih.org)
- **Northern Valley Indian Health Mobile Dental Unit:** Serves pregnant women and children ages 0-6. Mobile dental clinic comes to regular Butte County locations every 3-4 months. Accepts all insurances and a sliding scale.
  - Locations: Chico, Chapman Elementary School, and Chico Children's Center
  - 530-520-6913
- **Opt for Healthy Living:** Helps children, families, and individuals who may be struggling with weight challenges, how to eat healthy, or be active. Services: individual and family sessions with a nutrition educator, cooking demos/classes, and food budgeting class (every 3<sup>rd</sup> Thursday of the month). Free or reduced cost of services available who have CalFresh, WIC, Free or Reduced School Lunch, Commodities, or SSI).
  - 25 Main St., Ste. 101, Chico, CA 95929
  - 530-345-9749
  - [www.csuchico.edu/cnap/opt/](http://www.csuchico.edu/cnap/opt/)
- **Planned Parenthood of Chico:** Pregnancy tests, birth control, STD testing, treatment, and vaccines, abortions up to 14<sup>th</sup> week, LGBT\*Q+ services, PAP tests, Vasectomy, Dysplasia exams, HIV/AIDS testing, and women's health.
  - 3100 Cohasset Rd., Chico, CA 95973
  - 530-342-8367
  - M/W/F: 8:30 am- 6:00 pm, T: 7:30 am- 5:00 pm, F: 8:30 am- 5:00 pm
- **Stonewall Alliance of Chico:** information/referral for LGBT\*Q+ individuals, families, and friends (teens, adults). Support groups and free HIV testing (Tues: 4:00 pm- 6:00 pm & Sat: 10:00 am- 12:00 pm).
  - 358 East 6<sup>th</sup> St., Chico, CA 95928
  - 530-893-3336
  - [www.stonewallchico.org](http://www.stonewallchico.org)
  - Mon: 12:00 pm- 6:00 pm, Tues: 12:00 pm- 4:00 pm, Wed-Fri: 12:00 pm- 6:00 pm
- **Western Dental:** Offers payment plans for those without insurance.
  - 2471 Cohasset Rd., Ste. 170, Chico, CA 95926
  - 530-961-9288
  - [www.westerndental.com](http://www.westerndental.com)
- **Women's Health Specialists:** Pregnancy tests, annual exams, abortion, birth control, STD test, colonoscopy, breast exams, cervical cancer screening, and men's health services.

- 1469 Humboldt Rd., Ste. 200, Chico, CA 95928
- 530-891-1911
- Women's Health Advice Line: 9:00 am- 5:00 pm
- **Women's Resource Clinic:** All services are free. Pregnancy tests, support, consultation, education, and mobile medical clinic.
  - 115 W. 2<sup>nd</sup> Ave., Chico, CA 95926
  - Mon -Thurs: 10:00 am- 5:00 pm, Fri: 10:00 am- 1:00 pm
  - 530-897-6101
  - www.womensrecource

### **Gridley:**

- **Gridley Community Counseling Center:** Counseling, assessment, diagnosis, treatment for mental illness, substance dependency, and/or dual diagnosis treatment.
  - 995 Spruce St., Gridley, CA 95948
  - 530-846-7305

### **Oroville:**

- **Caring for Women:** No cost services include: pregnancy tests, education on parenting, adoption, abortion, maternity clothes, diapers, baby clothes, and other baby essentials as available.
  - 2362 Lincoln St., Oroville, CA 95966
  - 530-533-8388
  - Hotline: 530-532-9362
- **Hmong Cultural Center:** Reproductive health and access to family planning services. Provides culturally competent reproductive health prevention education to individuals and families.
  - 1940 Feather River Blvd., Suite H., Oroville, CA 95965
  - 530-534-7474