Therapeutic Behavioral Services (TBS)
General Information

Purpose of TBS:

Therapeutic Behavioral Services are a one-to-one behavioral mental health service available to youth under age 21 who are eligible for full scope Medi-Cal. Youth must meet requirements on page one of the "Initial Therapeutic Behavioral Services Referral Form" to be eligible for TBS.

Therapeutic Behavioral Services can help youth and parents/caregivers, foster parents and group home staff members learn new ways of reducing and managing challenging behaviors as well as strategies and skills to increase the kinds of behavior that will allow youth to be successful in their current environment.

Therapeutic Behavioral Services are designed to help youth and parents/caregivers (when available) manage these behaviors utilizing short-term, measurable goals based on the needs of the youth and family. Therapeutic Behavioral Services are always used in conjunction with another mental health service.

TBS are NOT provided for the following conditions:

A. For the convenience of the family or other caregivers, physician, or teacher.

B. To provide supervision or to assure compliance with terms and conditions of probation.

C. To ensure the child/youth's physical safety or the safety of others (e.g. suicide watch).

D. To address conditions not a part of the child's mental health condition.

E. For youth who can sustain non-impulsive, self-directed behavior, handle themselves appropriately in social situations with peers, and who are able to appropriately handle transitions during the day.

F. For children/youth who will never be able to sustain non-impulsive self-directed behavior and engage in appropriate community activities without full-time supervision; or when the beneficiary is an inpatient of a hospital, psychiatric health facility, nursing facility, Institutions for Mental Diseases (IMD), or crisis residential program.

G. As a stand-alone mental health service.

Your Agency staff may refer a youth for Therapeutic Behavioral Services by completing the Initial TBS Referral Form and the TBS Initial Release Form. Incomplete forms will be returned for further information. Fax the completed forms to: BCDBH-TBS @ 530-879-3932

If there are any questions you can contact the Butte County's TBS coordinator at 530-879-2456

Created on 2/8/2010 8:53 AM