

# Suicide Prevention Task Force (SPTF)

## Notes

1/13/12

Present: Tom Kelem, Sherry Bloker, Jaclyn Hoiland, Stacy Carrasco, Jeremy Wilson  
Arthur Pollock, Mike Gonzales, Cindy McDermott

Absent: Carol Childers, Kate McCracken, Karie Brinker, Anne Robin, Lisa Wildenhaus,  
Dan Strauss, Paula Felipe, Jim Broshears

1. The group met and identified the following outcomes they would like to see from the SPTF:

- Build community skill in front line response so members can help in the moment “Suicide CPR”
  - Have a continuum of interventions for various ages, cultures, roles.
- Recognition of depression across all groups, cultures, roles, be able to identify prior to crisis.
- Reduce stigma of depression so subject can be talked about.
  - Is it okay to be sad?
- How to implement? What are the action steps?
- Look at the whole curriculum. What are we doing right?
- Involving the whole community Behavioral Health, Public Health can't do it alone.
- Build understanding, there's no shame in mental illness. Educate younger people have a safe place to go.
- Well done marking campaign.
- Suicide/Depression screening implemented as part of school and doctor visits.
- Identify what is needed and what is currently available and who is capable of getting it.
- Build capacity among community members not just professionals.
- Training local media, schools on how to report /respond to a suicidal.
  - Utilizing existing resource

- Policy's regarding suicide prevention.
- Knowledge of historical suicide rates – be hesitant to blame suicide on current trends. Also, be aware of the tendency to find a 'reason' for the suicide that makes you or others 'exempt' from the possibility of suicide.
- Recognize when death is suicide.
- Have support for family members who have a member at risk or been a victim of suicide.
- Awareness of what system is or isn't and how to get the community to develop an effective safety net.
- Re-define suicide as a continuum of behaviors – not just completed suicides.
- Be aware of the role that drugs and alcohol play in suicide.

2. The group decided to meet weekly on Wed.'s from 8:30 - 10:00 AM in order to plan the SP Summit which will take place at Enloe Conference Center on March 16, 2012.

3. Betsy will post and distribute the minutes to the meeting.