







August 2009

The IVERSEN CENTER . . . *Where New Beginnings Happen*



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	109 Parmac Road, #2 Chico, CA 879-3311	Monday-Friday 11:00-4:30				1
2	3 Dual Diagnosis Addiction Recovery 9:30-11:00 Meditation for Wellness 1:30-2:30 Depression/Bipolar Support 3:00-4:00	4 Walking For Wellness 1:00-2:00 (weather permitting) Processing Group 2:00-4:00	5 Mens' 12 step Recovery 9:30-11:00 Womens' 12 Step Recovery 11:00-12:00 Codependency Group 1:30-3:00 Grief & Loss 3:00-4:00 12 step Co-ed Group 3:30-4:30	6 CORE Rhythms (ladies only) 9:30-10:30 Recovery Discovery 1:00-2:00	7 Members' Meeting 12:00-1:00 Coffee Social 1:00-2:00 Creative Outlet 1:30-3:00	8
9	10  IVERSEN CENTER CLOSED	11  IVERSEN CENTER CLOSED	12  IVERSEN CENTER CLOSED	13  IVERSEN CENTER CLOSED	14 Members' Meeting 12:00-1:00 Coffee Social 1:00-2:00 Creative Outlet 1:30-3:00	15
16	17 Dual Diagnosis Addiction Recovery 9:30-11:00 Meditation for Wellness 1:30-2:30 Depression/Bipolar Support 3:00-4:00	18 Walking For Wellness 1:00-2:00 (weather permitting) Processing Group 2:00-4:00	19 Mens' 12 step Recovery 9:30-11:00 Womens' 12 Step Recovery 11:00-12:00 Codependency Group 1:30-3:00 Grief & Loss 3:00-4:00 12 step Co-ed Group 3:30-4:30 MOVIE NIGHT 4:30!!!!	20 CORE Rhythms (ladies only) 9:30-10:30 Recovery Discovery 1:00-2:00	21 Members' Meeting 12:00-1:00 Coffee Social 1:00-2:00 Creative Outlet 1:30-3:00	22
23	24 Dual Diagnosis Addiction Recovery 9:30-11:00 Meditation for Wellness 1:30-2:30 Depression/Bipolar Support 3:00-4:00	25 Walking For Wellness 1:00-2:00 (weather permitting) Processing Group 2:00-4:00 NAMI Butte Family Support 630	26 Mens' 12 step Recovery 9:30-11:00 Womens' 12 Step Recovery 11:00-12:00 Codependency Group 1:30-3:00 Grief & Loss 3:00-4:00 12 step Co-ed Group 3:30-4:30	27 CORE Rhythms (ladies only) 9:30-10:30 Recovery Discovery 1:00-2:00	28 Members' Meeting 12:00-1:00 Coffee Social/Birthday Celebration 1:00-2:00 Creative Outlet 1:30-3:00	29
30	31 Dual Diagnosis Addiction Recovery 9:30-11:00 Meditation for Wellness 1:30-2:30 Depression/Bipolar Support 3:00-4:00					<i>Depression loses its power when fresh vision pierces the darkness.</i> <i>~Peter Sinclair</i>