

ATTENTION: PRE-SCHOOL—K TEACHERS



When kids have trouble
controlling themselves. . .

YOU NEED

Foundation Moves

Strategies for teaching children self-regulation skills,
so **THEY** can learn (and **YOU** can remain sane).

This workshop, facilitated by Debra Em Wilson of S'Cool Moves and Marcia Carter of Oroville Gymnastics, focuses on the foundation skills essential for self-regulation, brain integration, and school success.

Participants will receive the Foundation Moves curriculum book along with 20 Foundation Moves posters.

The Foundation Moves curriculum includes theory, behavior checklists, lesson plans, and home letters written in English and Spanish. Music, movement, and calming routines make the program fun and enjoyable for all. Geared toward pre-school and kindergarten teachers in Butte County.

Workshop: Saturday, September 18, 2010
 8:30 a.m. to 3:30 p.m.
 Feather River Recreation Activities Center
 1875 Feather River Blvd., Oroville

Cost: \$15.00 in advance; \$20 at the door
 (includes breakfast and lunch buffets)

Register in advance by emailing Liz Griffin at First 5:
egriffin@buttecounty.net or calling (530) 538-6896.

Attendance will be capped at 40, so register now!