



A Vignette by Clean Start, Health Beginnings II

The CSHB RN assessed at screening, a three-year-old Hispanic male who was not meeting behavioral milestones. The Touchstone mother was assisted in obtaining multiple evaluations. The child was diagnosed to have autism and was enrolled in a special education program. The CSHB RN assisted with referral, paperwork, attended medical meetings and the child's Individual Education Program (IEP). The three-year-old is now receiving speech therapy and Far Northern Regional Center services. The mother is successfully continuing her own recovery program. The CSHB RN helped the mother to understand her child's special needs and worked with the Touchstone childcare staff on what they could do to meet this child's special needs at childcare.

Four-year-old twin girls at screening were found to have behavioral concerns, i.e. anger, hitting, inappropriate language and medical problems (anemia, eczema and consistent congestion). The CSHB team collaborated with Holly Pearson, R.N., 0-5 Strong Starts and an Enloe Children's Health Center Nurse Practitioner to address behavioral and medical problems. The children were found to have allergies. The allergies and eczema were treated by the Nurse Practitioner. The mother received education and instruction on diet to contain iron rich foods. The anemia improved over time. Holly Pearson, R.N., provided one on one counseling at the home and in an office setting. She worked with the children to understand their own behavior and with the mother to understand how her addiction was affecting the children. The children improved medically and psychologically. The mother graduated from Touchstone.

A twenty-five-year-old woman delivered a tox positive newborn at Enloe. OB staff referred the patient to the CSHB LCSW. Initially the patient denied drug use. The CSHB LCSW was able to convince her to accept a visit with the Touchstone Intervention Specialist and CSHB RN. The infant is now in foster care and the mother is enrolled at Touchstone. The mother has been assisted in addressing domestic violence issues and is receiving medical care for Hepatitis C and dental care.